

**Pacific Swimming Board of Directors Meeting**  
**23 July 2008**  
*(Subject to Board of Directors approval)*

The meeting was called to order at 7:05 p.m.

The Minutes of the meeting of 25 June 2008 were approved.

Board members attending are noted by an 'x' in the table below; board members not present but excused are marked with an 'E'. Team representatives and guests in attendance are also noted.

Joe Woo	x	Phil Harter	x	Judy Siegrist	1N- D. Knochenhauer	<i>Team Reps Present</i>
Millie Nygren	x	Gary Hinderliter		Mike Metcalf	1S- Joe Del Rio	
Warren Lager		Mary Wise		Paul Amog	2- Kent Yoshiwara	x
Ricky Silva		Kent Yoshiwara	x	David Cottam	3- Lee Rosichan	
Todd Krohn	x	Joyce Lanphere	x	Owen Melroy	4- Joe Stubnar	
Fred Vogelgesang	x	Elias Totah		Mary Ruddell		<i>Guests present</i>
Katherine Reeves		Ken Brown	x	Rick Waterhouse	<i>Zone Alternates:</i>	Marvin Lanphere
Alexa Powers		Laurie Benton	x	Clint Benton	1N- Andy Clifford	Darwin Takaki
Gwenn Chong	x	Fred Siegrist		Randy Burns	1S- Mike Piccardo	Gary Knowles
Jennifer Malick		Rick Beebe		Susi Jackson	2-	Cliff Reyda
Tammy Hopkins		Kim Jew		Darryl Woo	3- Dennis Sturdevant	
Jon Pallesen	x	Jerry Koch		Don Power	4- Jerry/Valerie Rudd	x

### Officer's Reports

#### General Chair, Joe Woo

- The early registration deadline for the USA-S Convention is approaching.
- Pacific was granted four at-large delegates for the USA-S Convention: Rick Beebe, Kim Jew, Joyce Lanphere, and Marvin Lanphere.
- Millie Nygren will report at the September meeting any information Jerry Koch has regarding the Pacific Swimming Open Water Program.

#### Treasurer, Fred Vogelgesang

- Budget requests for 2009 must be submitted to Joyce Lanphere by October 1, 2008.
- The Budget Meeting will be held at the San Lorenzo Community Church, at 10:30 a.m., on October 4, 2008.
- Teams have asked about Pacific changing the amount of money it takes as part of meet entry fees. Joe Woo appointed a committee to investigate changing Pacific's meet fees: Joyce Lanphere (chair), Jon Pallesen, Phil Harter, and Alexa Powers.
- The Net worth, including USA-S liability is \$1,756,207.87, as of July 19, 2008.

#### Age Group, Darwin Takaki for Ricky Silva

- The Age Group Committee last met via conference call on July 16. The main topic of discussion was the proposed change to the age group time standards for 2009, the Junior Leadership Camp scheduled for September 12 to 13, and the concerns over the length of recent Junior Olympic Meets.
- The December Junior Olympic Meet will be held at Oceana High School in Pacifica, on December 5 to 7. It will be only 2.5 days this year.
- The North American Challenge Cup and Western Zone Championship Meet All-Star teams were selected on July 22nd.
- Joe Woo asked the Age Group Committee to report back on 'A' medal awards.
- the next Age Group Committee meeting will be on August 20 at 8:00 p.m.
- *please read Darwin Takaki's All Star Report attached to the end of these minutes.*

#### Senior, Warren Lager

- No report

## Standing Committee Reports

### Registration, Laurie Benton

- Year Round Athlete registration is up for 2008, but Seasonal Athlete registration is down.
- Total Athlete Membership, as of 7/21/08, is 15,170.
- Total Club Membership, as of 7/21/08, is 123.

### Scheduling, David Cottam

- The second round of meet bidding is completed, and two more meets have been awarded. Walnut Creek Aquabears will host the Senior Meet on October 17 and 18, 2009. Pleasanton Seahawks will host the 14&Under Junior Olympic Championship Meet on December 4, 5, and 6, 2009.
- Remaining meets still available are: one Age Group Open Meet (LC) on May 23 and 24, 2009; Senior Meet (LC) on June 27 and 28, 2009; two Age Group Open Meets (LC) on July 4 and 5, 2009. Contact David if you are interested in hosting these meets.

### Diversity, Kent Yoshiwara

- The USA-Swimming Diversity Committee is looking to expand to include at least one member from each LSC. The committee is working to organize a Diversity Clinic for Pacific to educate coaches and teams to bring in more swimmers.
- Speedo has donated 300 fastskin suits to USA-Swimming Outreach members qualifying for sectional level meets and above. For more information on obtaining these suits, contact Kent.

## Zone Reports

### Zone 1N, Dave Knochenhauer

- No report

### Zone 1S, Darwin Takaki, for Joe Del Rio

- Discussed proposed time standards, held zone elections, and Mike McCombs will be new zone chairman.

### Zone 2, Kent Yoshiwara

- Approved 2009 Zone Meet Schedule.

### Zone 3, Lee Rosichan

- No report

### Zone 4, Jerry and Valerie Rudd, for Joe Stunbar

- Discussed decline in numbers of swimmers on teams and at meets, held zone elections (effective Sep. '08) Chair - Jim Morefield, Vice Chair - Susan Schraeder, Secretary - Sharon Weiss, Treasurer - Jerry Rudd.

## Motions and Resolutions – Action on pending motions and motions held over:

- 0806-JP1 M/S/Amended/ (J. Pallesen, F. Vogelgesang) Pacific Swimming will adopt the following Age Group Time Standards, similar to the pre-2005 standards: PRT (Pacific Recognition Time), FW (Far Western qualifying time), JO (Junior Olympic qualifying time), Blue, Red. The Blue time will be 121% of the Far Western time, and the Red time will be 133% of the Far Western time. The National A time standard will still appear in the swim guide, but not as part of Pacific's progression of times. ***60-day motion to be considered at the September 17th meeting*** (please send any input to Jon Pallesen). ***Please see attached example attached to the end of these minutes.***

## Motions and Resolutions – New motions:

- 0807-KY1 M/S/Carried (K. Yoshiwara, M. Nygren) Expenditure authorization in the amount of \$10,000 to Bear Swimming to continue its Swim For Your Life program.

The being no further business, the meeting was adjourned at 8:30 p.m.

The next Board of Directors meetings will be held on the following dates: September 17, 2008; October 29, 2008.

The next Board of Directors Committee Meetings will be held on the following dates: August 27, 2008.

Respectfully submitted,  
Todd Krohn, Secretary

### 2008 Pacific Swimming Long Course All-Star Team Director Report

Selection of the NACC and WZ teams was done on Tuesday, July 22 at the Residence Inn in Pleasanton. The NACC selected their team first from applicants who applied to just the NACC and to both. That numbered 98 applicants for a possible 80 spots. As it turned out, the NACC only picked 73 swimmers. There were some swimmers who had NACC cuts but the selection committee felt that these swimmers would not get a second swim at the meet and would do far better at WZ. There was only one swimmer with one Jr National cut. One of the selling points of the NACC was they allow swimmers with Jr National cuts to swim their events against top level competition.

After the NACC team was selected and coaches made calls to the swimmers, the WZ team was selected from the remaining 190 applicants. All together, we received 221 applications. This is approximately 100 more than usual. This points out that we have created interest in All-Star teams in a greater number of swimmers.

There were a lot of questions regarding the two meets. Confusion as for which meet swimmers should apply. Clubs need to educate their swimmers on the opportunities that Pacific Swimming offers. All-Star teams and Camps are a bonus that few LSC's offer.

Costs for both teams together will exceed the budget, mostly due to airfare. The NACC was originally budgeted for a team of 64. That was based on 8 swimmers per age group 11-12 to 17-18. Earlier this year they agreed to go to 50 swimmers, 10 per age group. Expecting to ask for an increase in the budget, further preparation showed me that room and board would be less for the 80 swimmers than the original 64 but the increase in airfare "ate" that up and then added some more. Overall, the NACC will probably be over budget about 30-40%. It will still be under the figures I calculated the co-pay from.

The WZ team will probably hit the budget or be slightly under, thanks to Gary Knowles and Darryl Woo and all their hard work. Short flights to and from major airports, unlike Canada, make it easier to budget.

There was a lot of talk about the high co-pay. Many suggestions about fixing the co-pay at \$200 and have Pacific Swimming cover the balance. Along the same point, there were more requests for financial assistance of the co-pay. I formed a panel of Fred Vogelgesang and Joyce Lanphere to review the requests. Following the same guidelines we have done previously and are in the P & P, we granted the requests of 3 coaches for 5 swimmers reduction in co-pay to 25% of the original co-pay. Without this assistance, these swimmers would have had to withdraw their application. Because of the assistance, they will all be going, 3 of them for the first time.

Final observations of these teams, IT IS A LOT OF WORK!!! The two team format is at times very confusing. The size of the database to select the team through HyTek has gotten to big. Access to SWIMS is necessary. Knowledge of a computer program that will allow sorting of data from passport numbers to shirt size to favorite snacks to medical information is a high priority. Travel agents are a must considering the cost and venues. (I am working with one for the 2009 Pacific Coast All-Star meet.) In the end, it is not about fast swimming at a championship meet. It is more about what parents can do for their children, a reward for not only the swimmer(s) but for the family. It is about what clubs can do for their senior program and not age group. Swimmers are rarely rested, shaved and tapered for these meets. In fact, most swimmers are finishing 3-4 weeks of championship meets. From JO's to Sectionals to summer league champs to Far Westerns. Though clubs support these teams, they are not committed to them. Clubs should be directing certain age group swimmers to one of these two meets for the end of the long course season as a peak performance meet, instead, the older swimmers are beaten up through the 3-4 weeks before and if they don't make Jrs, they are a last minute applicant. The younger swimmers target the team competition for Far Westerns. None of this is right or wrong but for the money Pacific Swimming is spending and what it hopes to achieve from these meets, I would suggest they are not getting their monies worth.

With all this said, I am resigning as All-Star Team Director. My last meet will be the 2009 Pacific Coast All-Star meet in Federal Way, WA. I think Pacific Swimming would be better suited to save their money, find a corporate partner, and go into the business of putting on National and International Championship meets in their own state-of-the-art venue. All the hard work that Pacific Swimming volunteers do is not achieving Pacific Swimming goals. It results in activities that only a few can partake and benefit. Considering the size of the LSC and the amount of money it has, it needs to find a better way of rewarding its members.

Respectfully submitted,

Darwin Takaki

Pacific Swimming All-Star Team Director

Proposed PC Swim Guide – 2009

# 11-12 Girls

## SHORT COURSE YARDS

Event	Pacific Swimming Time Standards					NAT A
	RED	BLUE	JO's	FW	PRT	
50 Free	:36.29	:32.89	:28.89	:27.19	:26.59	:29.79
100 Free	1:18.89	1:11.59	1:02.99	:59.19	:57.69	1:03.09
200 Free	2:52.39	2:36.49	2:16.49	2:09.29	2:04.69	2:20.19
500 Free	7:42.69	6:59.99	6:05.39	5:47.09	5:34.99	6:09.29
1000 Free	15:52.99	14:25.09	12:21.19	11:54.99	11:41.59	12:52.99
1650 Free	26:19.99	23:54.29	22:33.39	19:45.39	19:24.29	21:41.69
50 Back	:42.69	:38.69	:34.59	:31.99	:30.89	:34.29
100 Back	1:31.99	1:23.49	1:14.59	1:08.99	1:06.19	1:14.89
200 Back	3:18.59	3:00.29	2:36.09	2:28.99	2:22.99	2:37.09
50 Breast	:47.99	:43.59	:37.79	:35.99	:34.19	:37.99
100 Breast	1:43.39	1:33.89	1:22.99	1:17.59	1:13.99	1:22.19
200 Breast	3:43.79	3:23.19	2:58.19	2:47.89	2:41.49	2:57.69
50 Fly	:40.39	:36.69	:32.09	:30.29	:29.19	:32.69
100 Fly	1:31.19	1:22.69	1:12.49	1:08.39	1:05.09	1:13.59
200 Fly	3:21.29	3:02.69	2:37.79	2:30.99	2:28.49	2:39.69
100 IM	1:31.29	1:22.89	1:12.49	1:08.49	1:05.99	1:14.09
200 IM	3:17.29	2:59.09	2:36.49	2:27.99	2:21.89	2:38.59
400 IM	7:01.09	6:22.19	5:30.29	5:15.89	5:02.09	5:38.09
200 FR				1:54.79		
400 FR				4:04.59		
200 MR				2:06.19		
400 MR				4:39.49		

## LONG COURSE METERS

Event	Pacific Swimming Time Standards					NAT A
	RED	BLUE	JO's	FW	PRT	
50 Free	:41.39	:37.49	:32.79	:30.99	:30.19	:33.69
100 Free	1:30.09	1:21.79	1:11.69	1:07.59	1:05.89	1:14.09
200 Free	3:15.99	2:57.89	2:34.19	2:26.99	2:23.69	2:39.19
400 Free	6:52.79	6:14.69	5:29.59	5:09.69	5:03.19	5:32.39
800 Free	14:05.09	12:47.09	11:10.99	10:33.99	10:26.49	11:36.49
1500 Free	27:06.29	24:36.19	21:20.99	20:19.99	20:02.39	22:23.79
50 Back	:48.29	:43.79	:39.09	:36.19	:35.99	:39.19
100 Back	1:44.49	1:34.89	1:24.49	1:18.39	1:17.39	1:26.29
200 Back	3:44.19	3:23.49	2:55.89	2:48.19	2:43.69	3:00.69
50 Breast	:54.09	:49.09	:42.59	:40.59	:39.39	:42.09
100 Breast	1:57.59	1:46.69	1:34.09	1:28.19	1:26.29	1:33.79
200 Breast	4:11.79	3:48.59	3:20.59	3:08.89	3:03.59	3:23.69
50 Fly	:45.39	:41.09	:36.29	:33.99	:32.99	:36.59
100 Fly	1:43.59	1:33.99	1:21.79	1:17.69	1:14.49	1:22.89
200 Fly	3:49.49	3:28.39	2:59.99	2:52.19	2:48.39	3:02.59
200 IM	3:42.59	3:22.09	2:56.59	2:46.99	2:42.69	3:00.19
400 IM	7:51.59	7:08.09	6:10.39	5:53.79	5:50.79	6:27.59
200 FR				2:05.99		
400 FR				4:37.09		
200 MR				2:22.19		
400 MR				5:15.49		