SANCTION: Sanctioned by USA/Pacific Swimming. Sanction \# 13-219
In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of this event. -

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO \& VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: Meet Referee: Bob Auchard Head Starter: Dustin McKennan<br>Admin Officia: Phil Keslin Meet Marshall: Dolores Akin<br>Meet Director: Liv Lyons - (925) 285-9934 / omlyons@gmail.com

LOCATION: Gunderson High School, Chynoweth Avenue at 622 Gaundabert Lane, San Jose, CA. From Highway 85 exit Santa Teresa, turn right onto Thornwood, turn right onto Winfield, and turn right onto Chynoweth. Gunderson High School is on the right: pool is located at the back of the school. Please park in designated parking only.

COURSE: Gunderson is an outdoor 25 yard pool with up to 16 lanes available for competition. An additional 6 lane, diving well will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is $4^{\prime} 6^{\prime \prime}$ at the shallow end and $7^{\prime}$ at the deep end. In accordance with Article 104.2.2C (4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin each day at 9:00 AM with warm-ups from 7:30 to 8:30 AM. A special warm-up time for 8 and under swimmers only will be held from 8:30 to 8:50 AM.

RULES: • Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course.

- All events are timed finals.
- Swimmers may compete in up to four individual (4) events per day.
- All swim coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Membership cards will be strictly enforced.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- All events will be swum fastest to slowest.
- Swimmers entered in 500 Free and 1000 Free must provide their own timers and lap counters.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Glass containers of all kinds, sale and use of alcoholic beverages and tobacco products are prohibited in all areas of the meet venue defined as on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.

- Except where the venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other
designated areas is not appropriate and is strongly discouraged.
- Swimmers are not permitted to enter the tennis courts or set-up outside of fences.

ELIGIBILITY: • Swimmers must be a member of PASA, BAC, SUNN, MSJA, SEA, VS, WEST or QSS.

- The meet host must check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a $\$ 10$ surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers who are unattached, but participating with a member team may enter a CSA dual meet, but may not
score team points.
- Swimmers with NO TIME ('NT’) entries will be accepted except for OPEN events.
- Swimmers must have an 11-12 Pacific Swimming "B-Time" or a verified coach time to enter an OPEN event.
- Swimmers 19 years of age and over are eligible to compete in the meet in the 13 \& Up and OPEN events.

ENTRIES: Coaches will enter swimmers via the Hy-Tek and email the Meet Director by Monday, November 18, 2013 by 9:00 PM. Email entries to omlyons@gmail.com.

ENTRY FEES: $\$ 40$ per swimmer charged by the swimmer's team. Visiting team must bring a check in full payable to "QuickSilver Swimming" for CSA meet entries and costs (split amongst all CSA teams equally).

CHECK-IN: The meet will be pre-seeded. There will be no check-in.

SCRATCHES: There is NO penalty for a swimmer entered in this meet that misses one of his/her events.
AWARDS: No awards will be presented for placing.
SCORING: Scoring in individual events will be as follows: $1^{\text {st }}$ place $=5$ points; $2^{\text {nd }}$ place $=3$ points; $3^{\text {rd }}$ place $=1$ point. Individual events will be combined and swum together as $8 \& u n d e r, 12 \&$ under, and $13 \& u p$, but separated for scoring as boys \& girls $8 \& U$; 10 \& U; 11-12; 13-14 and 15 \& up. 12 \& Under swimmers in OPEN events will not be scored. The meet will be scored as dual meets between the following teams: BAC v SUNN, BAC v PASA, BAC v MSJA, QSS v PASA, SUNN v VS, PASA v VS, MSJA v VS, PASA v WEST, and SEA v WEST.

ADMISSION: Free.

REFRESHMENTS: Snack bar or food trucks may be available.

PROGRAMS: No programs will be available for purchase.

TIMERS: Participating teams will be responsible for providing timers. Timing and all volunteer job assignments will be emailed to the teams prior to the meet. Lane assignments will be posted on the tents immediately behind the timing chairs and announced prior to the start of the meet each day.

EVENT SUMMARY

| SATURDAY |  |  |  |  | SUNDAY |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8 \& under | 12 \& Under | 11-12 | 13 \& Up | OPEN | 8 \& under | 12 \& Under | 11-12 | 13 \& Up | OPEN |
| 25 Back | 200 Free | 200 Fly | 200 Free | 1000 Free* | 25 Free | 100 Free | 200 Back | 100 Free | 400 IM * |
|  | 100 Back | 200 Breast | 100 Back |  | 25 Breast | 50 Back |  | 200 Back | 500 Free* |
|  | 50 Breast |  | 100 Breast |  | 25 Fly | 100 Breast |  | 200 Breast |  |
|  | 50 Fly |  | 200 Fly |  |  | 100 Fly |  | 100 Fly |  |
|  | 50 Free |  | 50 Free |  |  | 200 IM |  |  |  |
|  | 100 IM |  | 200 IM |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |

ORDER OF EVENTS

| SATURDAY |  |  |  |
| :---: | :---: | :---: | :---: |
| Girls Event \# | Age Group | Event | Boys Event <br> $\#$ |
| 1 | 13 \& Up | 200 Freestyle | 2 |
| 3 | $12 \&$ Under | 200 Freestyle | 4 |
| 5 | $13 \&$ Up | 100 Backstroke | 6 |
| 7 | $12 \&$ Under | 100 Backstroke | 8 |
| 9 | $8 \&$ Under | 25 Backstroke | 10 |
| 11 | $13 \&$ Up | 100 Breaststroke | 12 |
| 13 | $12 \&$ Under | 50 Breaststroke | 14 |
| 15 | $13 \&$ Up | 200 Butterfly | 16 |
| 17 | $12 \&$ Under | 50 Butterfly | 18 |
| 19 | $13 \&$ Up | 50 Freestyle | 20 |
| 21 | $12 \&$ Under | 50 Freestyle | 22 |
| 23 | $13 \&$ Up | 200 Individual Medley | 24 |
| 25 | $12 \&$ Under | 100 Individual Medley | 26 |
| 27 | $11-12$ | 200 Butterfly | 28 |
| 29 | $11-12$ | 200 Breaststroke | 30 |
| 31 | OPEN | 1000 Freestyle* | 32 |


| SUNDAY |  |  |  |
| :---: | :---: | :---: | :---: |
| Girls Event <br> $\#$ | Age Group | Event | Boys Event <br> $\#$ |
| 33 | OPEN | 400 Individual Medley* | 34 |
| 35 | $8 \&$ Under | 25 Freestyle | 36 |
| 37 | $12 \&$ Under | 100 Freestyle | 38 |
| 39 | $13 \&$ Up | 100 Freestyle | 40 |
| 41 | $12 \&$ Under | 50 Backstroke | 42 |
| 43 | $13 \&$ Up | 200 Backstroke | 44 |
| 45 | $8 \&$ Under | 25 Breaststroke | 46 |
| 47 | $12 \&$ Under | 100 Breaststroke | 48 |
| 49 | $13 \&$ Up | 200 Breaststroke | 50 |
| 51 | $8 \&$ Under | 25 Butterfly | 52 |
| 53 | $12 \&$ Under | 100 Butterfly | 54 |
| 55 | $13 \&$ Up | 100 Butterfly | 56 |
| 57 | $12 \&$ Under | 200 Individual Medley | 58 |
| 59 | $11-12$ | 200 Backstroke | 60 |
| 61 | OPEN | 500 Freestyle* | 62 |

*Swimmer must have an 11-12 Pacific Swimming "B Time" or a coach verified time to enter the event. Time standards are posted at http://www.pacswim.org/page/times standards.shtml

