CAL INVITATIONAL SWIMMING MEET

January 18 & 19, 2014

Enter online: http://ome.swimconnection.com/PC/CAL20140118

- This will be a Trials & Finals Meet (Consolation Final, Championship Final)
- The meet is open to all swimmers 12 and over

• All events will be swum fastest to slowest. *The 400 IM and 500 Free will be Timed Final events with the fastest 8 seed times swimming in the Finals Session

- Relays will be entered on deck
- Entries will close at Midnight on January 17th
- Entry Fee: **\$5.00** per event

• Time Standards – Pacific Swimming's Senior times standard will be used. One standard, including relays, enters any and all events

- Warm-up: 7:00 am / Trials: 9:00 am / Finals: 1 ½ hours after the conclusion of the trials, but not before 1:00 pm
- Questions: Contact: Millie Nygren (408)-464-2907 m.nygren@att.net

Women's Event #	Women's Standards	Event	Men's Event #	Men's Standards
	SA	TURDAY, JANUARY 18, 201	.3	
1	No Standard	200 Free Relay*	2	No Standard
3	2:22.49	200 IM	4	2:10.49
5	26.59	50 Freestyle	6	23.99
7	2:20.79	200 Butterfly	8	2:08.69
9	1:06.99	100 Backstroke	10	1:01.69
11	2:42.39	200 Breaststroke	12	2:29.49
13	5:26.99	500 Freestyle*	14	5:07.99
15	No Standard	400 Medley Relay*	16	No Standard
	S	UNDAY, JANUARY 19, 2013		
17	No Standard	200 Medley Relay*	18	No Standard
19	58.19	100 Freestyle	20	52.89
21	2:22.19	200 Backstroke	22	2:14.19
23	1:03.99	100 Butterfly	24	58.09
25	1:15.99	100 Breaststroke	26	1:08.49
27	2:03.99	200 Freestyle	28	1:54.09
29	5:01.99	400 IM*	30	4:39.09
31	No Standard	400 Freestyle Relay*	32	No Standard

*Indicates Timed Final Event. The 400 IM/500 Free will swim fast to slow in Prelims with the exception of the Top 8 seeded times. The top 8 seeded times will swim in the Finals.

Schedule of Events