

## Napa Valley Swim Team

Short Course PC-C/B/A+ Swim Meet

Vintage High School Pool, Napa, CA.

January 25-26, 2014

Enter online at: <http://ome.swimconnection.com/pc/nvst20140125>



**ATTENTION HIGH SCHOOL SWIMMERS:** If you are a high school swimmer in season it is your responsibility to be Unattached from this meet. You can un-attach at the Clerk of the Course, at the meet, if necessary.

**SANCTION:** Held under USA/Pacific Swimming No: **14-004**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, psych sheets and live meet results. By entering the meet, the athlete or his/her guardian consents to this publication.

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<b>Head Referee:</b> Peggy Ramirez ( <a href="mailto:peggyr2016@gmail.com">peggyr2016@gmail.com</a> )	<b>Administrative Referee:</b> Susi Jackson
<b>Head Starter:</b> Don Bautista	<b>Head Marshal:</b> Angela D'Angelo
<b>Meet Director:</b> Kathy Minor ( <a href="mailto:1swim-mom@sbcglobal.net">1swim-mom@sbcglobal.net</a> ) / 707-252-3320 (please no calls after 7:00pm)	

**LOCATION:** Vintage High School Pool, 1375 Trower Avenue, Napa, CA. Pool Entrance is off Jefferson Street.

**COURSE:** 25 yard outdoor heated pool. Up to ten (10) competition lanes, with separate warm up and warm down areas available throughout meet. Colorado timing system, with touchpads and scoreboard, may be used. The minimum water depth measured in accordance with Article 103.2.3, is 5' at the start end and 5' at the turn end. The competition course has not been certified in accordance with 104.2.2C (4).

**TIME:** Saturday and Sunday sessions will begin at 9:00am each day, with warm ups from 7:30am to 8:45 am.

**RULES:**

- Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course.
- All events are timed finals.
- All swimmers ages 12 and Under should complete competition within four (4) hours.
- **Swimmers may enter more than four (4) events each day on Saturday and Sunday but may only compete in a maximum of four (4) events each day. No refunds will be given except as provided below for mandatory scratch-downs.**
- Entries will be accepted until the number of splashes exceeds the estimated time line per the Four Hour Rule, based on swimmers' age and gender. If conditions warrant, the Meet Referee with concurrence of the Meet Director, may require a mandatory scratch down to three (3) events. **Refunds will be given ONLY for any mandatory scratch downs.**
- All Open events (400 IM, 500 Free, 200 Free, 200 Breast, 200 Back and 200 Butterfly) may be seeded fastest to slowest, alternate girls and boys heats, or may be swum in combined heats of girls and boys at the discretion of the Meet Referee.
- Swimmers in the 500 free are required to provide their own lap counters.
- **In order to enter the Open events (400 IM, 500 Freestyle, 200 Freestyle, 200 Breaststroke, 200 Backstroke and 200 Butterfly), the swimmer must have met the listed qualifying time or have coach verification.** If the swimmer's coach will be verifying the swimmer's ability to achieve the minimum entry time, per Pacific Swimming Rule 4A(2), please contact the meet director AND the meet referee.
- **No time entries will be accepted for all events EXCEPT the Open events.**
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner and must check in with the Administrative Referee prior to warm ups the first day of the meet.

**UNACCOMPANIED SWIMMERS:** Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- During general warm-up swimmers must use 3-point entry into the pool.
- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- All shelters must be properly secured.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- No pets, except for "working dogs" are allowed anywhere in the meet venue.
- No food or drink is allowed in the locker rooms.
- **ONLY COACH'S TENTS WILL BE ALLOWED ON THE POOL DECK.**
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as shown on their Registration Card. All swimmer registration will be checked against the SWIMS database. If a swimmer is not found to be registered, the Meet Director shall accept the registration at the meet. A \$10 surcharge will be added to the regular registration fee.
- **Swimmers in the "A+" Division must have met at least the "PC-A" time standard. Swimmers in the "B" Division must have met at least the "PC-B" time standard and not have met the "PC-A" time standard. All entry times slower than the "PC-B" time standard will be in the "C" Division. See the Pacific Swimming website for PC-A and PC-B time standards.**
- **No time ("NT") entries will be accepted for all events except the OPEN events** and will be seeded in the slowest heat(s) of the "C" Division.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification procedures. Disabled swimmers are welcome to attend this meet and should contact the meet director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- *Swimmers 19 years of age and older may participate in the Open events and the 13 & Over age group events but will not receive awards. Such swimmers must have met the 17-18 age group time standards.*

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the estimated time of the start of the meet. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**ENTRIES: TWO OPTIONS FOR MEET ENTRY**

**Option 1: Online Meet Entries:**

1. Using your browser go to: <http://ome.swimconnection.com/pc/nvst20140125>
2. Follow entry instructions:
  - a. Enter all swimmers in your family at the same time.
  - b. Make online credit card payment for meet entries at the secured site.
  - c. You will receive confirmation of acceptance into the meet at time of payment. This confirmation should be brought to the meet as proof of entry.
  - d. **Online entries will close at 5:00pm on Thursday, January 16, 2014.**

Note: Swim Connection charges an internet processing fee of \$1.00 per swimmer + 5% of the total entry fee. Online entry fees are paid to Swim Connection, LLC. **Entry via the online system is entirely voluntary, and is not required.**

**Option 2: Traditional Postal System Mailed Entries:**

All entries must be on the attached Consolidated Entry Card. Entry cards must be completely filled out including best time for each event, and the swimmer's address, phone number and family e-mail address. In order to ensure that mailed entries are received by Thursday, January 16, 2014, they **must be postmarked by Monday, January 13, 2014. Hand Delivered Entries must be delivered by 5:00pm Thursday, January 16, 2014** to Kathy Minor, 2500 Pacific Street, Napa, CA 94558.

Make Checks payable to **"Napa Valley Swim Team"** No refunds will be made, except for mandatory scratches and **no late entries will be accepted.**

**ENTRY FEES:** \$2.75 per individual event plus a one time \$8.00 participation fee per swimmer.

**AWARDS:** • **Individual events:** Ribbons will be awarded to the 1<sup>st</sup> – 6<sup>th</sup> place finishers in the "A," "B" and "C" divisions, for each event and age group (8&U, 9-10, and 11-12, 13-14, 15-16, 17-18.) The 11 & Over individual events will be swum in combined events with awards given for each separate age group (11-12, 13-14, 15-16, 17-18). The 13 & Over individual events will be swum in combined heats, with awards given for each separate age group (13-14, 15-16, 17-18).

- **Open events** will be swum in combined heats, with no awards being given.
- "A" medals will be awarded to swimmers achieving new "PC-A" times swum during this meet only.

**AWARDS MUST BE PICKED UP ON SUNDAY, THE LAST DAY OF THE MEET, BY A TEAM'S COACH OR TEAM REPRESENTATIVE. AWARDS WILL NOT BE MAILED. AWARDS THAT ARE NOT PICKED UP AT THE MEET (ONLY FOR ZONE 3 TEAM'S) WILL BE AVAILABLE AT THE NEXT ZONE 3 BOARD MEETING. NON ZONE 3 TEAMS AND UNATTACHED SWIMMERS MUST COORDINATE WITH THE AWARDS DESK PICK UP &/OR DELIVERY OF AWARDS AND FOR THOSE AWARDS NOT PICKED UP, PRE-PAID ENVELOPES MUST BE PROVIDED. AWARDS WILL NOT BE INDIVIDUALLY DISTRIBUTED THROUGHOUT THE MEET.**

**ADMISSION:** FREE

**PROGRAM:** A program will be available for a nominal fee.

**SNACK BAR:** A snack bar will be available on Saturday and Sunday.

**HOSPITALITY:** Lunches and refreshments will be provided for officials and coaches. Refreshments will be provided to timers.

**MINIMUM OFFICIALS RULE:** Each team shall, by the start of the meet, provide to the Meet Director or designee a list of officials who have agreed to represent that team during the meet, in accordance with the following table:

# of swimmers per team entered	# of trained and carded officials required*
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101-more	5

\*Zone 3 Pacific Swimming will include Colorado, Intermediary/Chief Timing Judge, and Hytek-Computer into the count of Officials for a session. These positions are not carded. Zone 3 Pacific Swimming will accept Trainees into the count of Officials for a session, so long as they are carded.

\*One half hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of swimmers present against the number of Officials present representing each team. No more than three days after the close of entries, meet management (referee or meet director) shall contact the representative from each team participating, and provide a preliminary inventory.

NAPA VALLEY SWIM TEAM PC-C/B/A+ SWIM MEET		
SATURDAY JANUARY 25, 2014		
SCHEDULE OF EVENTS		
GIRLS	Age Group & Event Description	BOYS
1	Girls Open 500 Free <b>Min Time: 7:01.69</b>	-----
-----	Boys Open 400 IM <b>Min Time: 6:29.69</b>	2
3	11-12 100 Fly	4
5	8 & U 25 Fly	6
7	9-10 50 Fly	8
9	13 & Over 100 Back	10
11	11-12 50 Breast	12
13	8 & U 50 Back	14
15	9-10 50 Breast	16
17	Girls Open 200 IM <b>Min Time: 3:00.29</b>	-----
-----	Boys Open 200 Free <b>Min Time: 2:43.39</b>	18
19	8 & Under 100 IM	20
21	11-12 100 Free	22
23	13 & Over 100 Free	24
25	9-10 50 Free	26
27	8 & U 25 Free	28
29	13 & Over 100 Fly	30
31	11-12 50 Back	32
33	9-10 100 Back	34
35	Open 200 Breast <b>Girls Min Time: 3:46.29</b> <b>Boys Min Time: 3:26.69</b>	36

NAPA VALLEY SWIM TEAM PC-C/B/A+ SWIM MEET		
SUNDAY JANUARY 26, 2014		
SCHEDULE OF EVENTS		
GIRLS	Age Group & Event Description	BOYS
37	Girls Open 400 IM <b>Min Time: 6:29.09</b>	-----
-----	Boys Open 500 Free <b>Min Time: 6:59.39</b>	38
39	11-12 100 Back	40
41	8 & U 25 Back	42
43	9-10 50 Back	44
45	Open 200 Back <b>Girl Min Time: 3:05.29</b> <b>Boy Min Time: 3:04.09</b>	46
47	8 & U 50 Free	48
49	9-10 100 Free	50
51	11-12 100 IM	52
53	Girls Open 200 Free <b>Min Time: 2:44.29</b>	-----
-----	Boys Open 200 IM <b>Min Time: 3:05.39</b>	54
55	8 & U 50 Breast	56
57	9-10 100 Breast	58
59	11 & Over 100 Breast	60
61	13 & Over 50 Free	62
63	8 & U 50 Fly	64
65	9-10 100 Fly	66
67	11-12 50 Fly	68
69	8 & U 25 Breast	70
71	9-10 100 IM	72
73	11-12 50 Free	74
75	Open 200 Fly <b>Girls Min Time: 3:09.99</b> <b>Boys Min Time: 3:14.79</b>	76

NAPA VALLEY SWIM TEAM					
C/B/A+ Short Course Meet					
January 25-26, 2014					
Consolidated Entry Card					
NAME	LAST	FIRST	INITIAL		
Club Abbr	Unattached Yes   No		Club Name		
Age	Date of Birth		Amt Paid		
USAS Registration					
Sex Boy   Girl		Age Group 8&U   9-10   11-12   13&O			
Event #	Distance	Stroke	Entry Time		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
# of entries _____ x \$2.75			\$ _____		
Participation fee			+ \$8.00		
Total			\$ _____		
Coaches Name & email					
Swimmer's		Address			
		City			
		State			
		Zip			
Swimmer Phone					
Family Email					

NAPA VALLEY SWIM TEAM					
C/B/A+ Short Course Meet					
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Consolidated Entry Card					
NAME	LAST	FIRST	INITIAL		
Club Abbr	Unattached Yes   No		Club Name		
Age	Date of Birth		Amt Paid		
USAS Registration					
Sex Boy   Girl		Age Group 8&U   9-10   11-12   13&O			
Event #	Distance	Stroke	Entry Time		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
			: .		
# of entries _____ x \$2.75			\$ _____		
Participation fee			+ \$8.00		
Total			\$ _____		
Coaches Name & Email					
Swimmer's		Address			
		City			
		State			
		Zip			
Swimmer Phone					
Family Email					