

# Livermore Aquacowboys

## Valentine's Splash

PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET February 9<sup>th</sup> & 10<sup>th</sup>, 2013

Enter online at: <http://ome.swimconnection.com/PC/LAC20130209>

**SANCTION:** Held under USA Pacific Swimming Sanction No. 13-028

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

### DUAL VENUE MEET

Teams Assigned to Livermore Aquacowboys (LAC) are:

AAA, AIA, ALGA, BEAR, EBAT, EBSD, ECG, HILL, LAC, MONT, MSJA, OAPB, ONDA, OTST, PST, SAIL, TERA, VKNG, WCAB and UN swimmers transitioning to the teams above or currently living in Zone 2.

**Only these teams will be allowed to enter manually or through Swim Connection during the early priority period. UN -- Unattached swimmers will be validated upon receipt of entry. Swimmers not meeting the team/UN criteria will be removed from the meet, with no refund.**

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VIDEO:** Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms. **Photography and video recording from behind the starting block and starting areas is prohibited unless prior permission to do so is granted by the Meet Referee.**

### **OFFICIALS:**

*Meet Referee: Alex Dourov*

*Head Starter: Joseph Doan*

*Meet Marshal: Dave Clark*

*Meet Director: Anne Moufarrej [francanne@sbcglobal.net](mailto:francanne@sbcglobal.net) 925-580-6577*

*Sean Chew [chewy208@me.com](mailto:chewy208@me.com) 925-699-4588*

**LOCATION:** Robert Livermore Community Center Pool, 4444 East Ave. Livermore CA 94551. Pool entrance is located off Loyola.

**From 580:** take the South Vasco Rd. exit and continue South to East Avenue. Turn Right on East Avenue and continue to Loyola. Turn Right on Loyola. The pool will be on the left side, turn left at the 2<sup>nd</sup> driveway. **From 84:** take 84 East/Vallecitos Road towards Livermore. Turn right onto Vallecitos Road, continue onto Holmes Street, Holmes turns into First Street. Continue on First Street. Turn right onto South Livermore Avenue and then a slight left onto East Avenue. Turn left on Loyola. The pool will be on the left side, turn left at the 2<sup>nd</sup> driveway.

**PARKING:** There is no charge for parking. Park only in designated parking stalls. **NO OVERNIGHT OR RV PARKING IS PERMITTED.** Please note signs and avoid parking in restricted areas. **Officials parking will be in the coned off section of the two middle aisles of the parking lot. Please have your official's card available.**

**COURSE:** Outdoor 25-yard competition pool with 8 lanes. 4 Warm-up lanes will be available. This pool meets USA swimming's required water depth with 9 feet at the start end and 9 feet at the turn end in accordance with article 103.2.3. The competition course has not been certified in accordance with 104.2.2C(4)

**TIME:** Meet begins at 9:00 AM each day, warm-ups from 7:30 AM to 8:45 AM each day. A special warm-up time for 8 and under swimmers only will be held from 8:45 AM -8:55 AM.

**RULES:** Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course. **All events are timed finals, and will be swum fastest to slowest.** Swimmers may compete in four events per day. All swimmers ages 12 and under should complete competition within four (4) hours. Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender. If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.

**Attention High School Swimmers (February through May):** If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmer's responsibility to be Unattached from this meet. You can unattach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA)

**DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**Minimum Number of Officials Rule:** One-half hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of entries against the number of Officials present representing each team. Those teams who have not provided sufficient Officials will be fined \$100 per missing official.

Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during the meet in accordance with the following table:

Number of swimmers entered in meet per team	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

**UNACCOMPANIED SWIMMERS:** Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach.

**RACING STARTS:** The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. All shelters must be properly secured. No glass containers are allowed in the meet venue. No propane heater is permitted except for snack bar/meet operations.

**ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division. **Entries with "NO TIME" will not be accepted.** Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met the time standards for the 17-18 age groups. The swimmer's age will be the age of the swimmer on the first day of the meet.

**Entry Priority** Zone 2 teams' (**assigned to this venue**) entries postmarked or entered online by 11:59 p.m. on January 21, 2013 will be given priority acceptance. All entries from other Zone 2 teams, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received

**ENTRY FEES:** \$2.75 per event, \$8.00 participation fee per swimmer. **Entries will not be accepted if payment is not sent at time of request.**

**Make check payable to:** Livermore Aquacowboys

**Mail with entries to:** Anne Moufarrej  
2571 Walker Place  
Livermore, CA 94550

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, **January 28, 2013** or hand delivered to **2571 Walker Place, Livermore, CA 94550** by 6:30 p.m Wednesday January 30, 2013. **No late entries will be accepted.** Requests for confirmation of receipt of entries should include a self-addressed envelope.

**ONLINE ENTRIES:** You may enter this meet online or by U.S. mail. To enter on-line go to <http://ome.swimconnection.com/PC/LAC20130209> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through 11:59pm on Wednesday, January 30, 2013.

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

**SCRATCH RULE:** Swimmers entered in an individual event that have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Failure to swim an event will result in being barred from their next individual event on that day or the next meet day, whichever is first. **Exception:** No penalty shall apply for failure to withdraw or compete in an individual event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the No-Show is caused by circumstances beyond the control of the swimmer.

**AWARDS:** Ribbons 1st – 8th place for PC-A, PC-B & PC-C divisions. 6&UN swimmers will swim in 8&UN events but will be awarded separately (1st-8th place, one class of awards only). 13-18 swimmers will be awarded as 13-14 and 15-18 age groups. All “PC-C” and “PC-B” swimmers achieving an “PC-A” time will be awarded a standard “PC-A” medal, regardless of place achieved in the event

**ADMISSION:** Free. A program will be available for reasonable price.

**REFRESHMENTS:** A snack bar will be available serving breakfast items, hot lunches including BBQ and other nutritious items, snacks and beverages. Working deck officials will be provided lunch. Hospitality will serve refreshments to timers.

**EVENT SUMMARY:**

<b>Saturday</b>			
<b>8/U</b>	<b>9-10</b>	<b>11-12</b>	<b>13-18</b>
	200 Free	200 Free	200 Free
25 Fly	100 Fly	100 Fly	200 Fly
25 Free	50 Free	50 Free	50 Free
50 Back	100 Back	100 Back	100 Back
	100 Breast	200 Breast	200 Breast
<b>500 Free open for Girls</b>			
<b>Sunday</b>			
<b>8/U</b>	<b>9-10</b>	<b>11-12</b>	<b>13-18</b>
100 IM	200 IM	400 IM	400 IM
25 Breast	50 Breast	50 Breast	100 Breast
25 Back	50 Back	50 Back	200 Back
	50 Fly	50 Fly	100 Fly
100 Free	100 Free	100 Free	
<b>500 Free open for Boys</b>			

EVENTS:

Saturday, February 9, 2012		
Event #	Event	Event #
1	13-18 200 Free	2
3	11-12 200 Free	4
5	9-10 200 Free	6
7	13-18 200 Fly	8
9	11-12 100 Fly	10
11	9-10 100 Fly	12
13	8-UN 25 Fly	14
15	13-18 50 Free	16
17	11-12 50 Free	18
19	9-10 50 Free	20
21	8-UN 25 Free	22
23	13-18 100 Back	24
25	11-12 100 Back	26
27	9-10 100 Back	28
29	8-UN 50 back	30
31	13-18 200 Breast	32
33	11-12 200 Breast	34
35	9-10 100 Breast	36
37	Open 500 Free*	--

Sunday, February 10, 2012		
Event #	Event	Event #
39	13-18 400 I.M.	40
41	11-12 400 I.M.	42
43	9-10 200 I.M	44
45	8-UN 100 I.M.	46
47	13-18 100 Breast	48
49	11-12 50 Breast	50
51	9-10 50 Breast	52
53	8-UN 25 Breast	54
55	13-18 200 Back	56
57	11-12 50 Back	58
59	9-10 50 Back	60
61	8-UN 25 Back	62
63	13-18 100 Fly	64
65	11-12 50 Fly	66
67	9-10 50 Fly	68
69	11-12 100 Free	70
71	9-10 100 Free	72
73	8-UN 100 Free	74
--	Open 500 Free*	76

**Girl's 500 Freestyle will be swum on Saturday. Boy's 500 Freestyle will be swum on Sunday.**

**All 500 Freestyle swimmers must provide their own timers and counters. 500 Free will be swam Fastest to Slowest and will be scored separately as 8&U, 9-10, 11-12, 13-14, 15-16, 17-18.**

**\*Minimum qualification time for 500 FR is 9-10 Pacific Swimming B time: Girls/Boys – 8:28.19 Swimmers not meeting the 500 Free minimum time criteria will be removed from that event, with no refund.**

13-18 individual events will be swum together but scored separately as 13-14, 15-16 and 17-18

Boys' event #38 and Girls' event #75 left off intentionally.

