BLIZZARD BLAST SWIM MEET
Hosted by Carson Tigersharks
Pacific Swimming Short Course Meet
FRIDAY - SUNDAY January 13-15, 2017
Enter Online: http://ome.swimconnection.com/pc/CARS20170113

SANCTION: Held under USA/Pacific Swimming Sanction No. 17-003
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

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OFFICIALS: Meet Referee: Jim Morefield Head Starter: Jen Machutta Chief Judge: Valerie Rudd
    Meet Marshal: Gary Kolb Administrative Officials: Kyle Ottmann, Veronica Harmon
    Meet Director: Becki Boehnke, becki@tigersharks.org, 775-721-6142
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LOCATION: Carson Aquatic Facility, 841 N. Roop St. Carson City, NV.

DIRECTIONS: From Business Hwy. 395 go two traffic lights East on Hwy. 50 (E. Williams St.). Turn right on Roop St. and go one block south. Turn left behind the Carson City Community Center. From Reno on Hwy. 395 take exit 39. Turn right and travel west for 0.9 mile. Turn left into Mills Park and the Carson City Community Center. Additional parking is available at the Bank of America at the northwest corner of Roop St. and Hwy. 50 (E. Williams St.).

COURSE: 25 yard by 50 meter indoor pool with up to 8 short-course lanes for competition and 8 lanes for warm-up and warm down. Colorado Timing system with touch pads and scoreboards will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. The minimum water depth in the competition course as measured in accordance with Article 103.2.3, is 5 feet at the start end and 5 feet at the turn end.

TIME:

- FRIDAY SESSION: meet begins at 5:00 pm with warm-ups from 4:00-4:45 pm.
- SATURDAY \& SUNDAY 11 \& OVER: meet begins at 8:30 am with warm-ups from 7:00-8:15 am.
- SATURDAY \& SUNDAY 10 \& UNDER: warm-ups not before 12:00 pm, meet begins not before 1:00 pm.


## RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals and will be seeded fast to slow.
- Athletes may enter as many events as they wish, but shall check in for and compete in no more than 2 individual events on Friday and 5 individual events on Saturday \& Sunday; not exceeding 10 individual events total for the meet.
- All athletes 12 and under should complete competition within four (4) hours each session. A session will be declared full and closed prior to the entry deadline if the estimated timeline exceeds four hours for ages $\mathbf{1 2} \&$ under.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their valid USA-S membership cards in a visible manner at all times while on deck. All coaches are required to sign in and present their valid 2017 registration before coaching athletes at the meet. Except for coaches accompanying athletes participating under the provisions of 202.8 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.


## DISTANCE:

- Per Zone-4 policy, to be eligible to enter the 1650 freestyle, an athlete must have previously established an official time in an event of $400 \mathrm{y} / 400 \mathrm{~m}$ or longer.
- All athletes entered in the 1650 freestyle must be checked in by 5:00 pm on Friday otherwise they will be considered scratched from the event.
- The 500 and 1650 freestyle events will be swum alternating women's and men's heats.
- All athletes in the 500 freestyle must provide their own lap counters. All athletse in the 1650 freestyle must provide their own timers and lap counters.

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Each athlete must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: the following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by swimmers during the meet and during warm-up period.

- No smoking or use of tobacco products.
- No sale or use of alcoholic beverages.
- No glass containers.
- No propane heaters.
- No animals except working service animals.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- IMPORTANT: All floor and wall vents must be kept clear at all times to ensure proper air circulation in the facility.
- Closed areas on the pool deck may exist. Cooperation of athletes, families and coaches is appreciated.
- Destructive devices, including but not limited to explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.


## ELIGIBILITY:

- Athletes must be current athlete members of USA Swimming, and must enter their name and registration number exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a $\$ 10$ surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "NO TIME" will be ACCEPTED (Exception: see distance rules).
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no points or awards.
- The athlete's age will be the age of the athlete on the first day of the meet.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk of Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events shall be no earlier than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

SCRATCHES \& NO SHOWS: Any athlete not reporting for or competing in an individual event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

ENTRY TIMES: Entries must be submitted using the athlete's best short-course yards time for each event. All entry times must be submitted in yards.

ENTRY FEES: $\$ 4.00$ per event plus a $\$ 9.00$ participation fee per athlete to help cover meet expenses. All entry fees MUST be included with entry. NO REFUNDS will be given except in the case of a mandatory scratch-down.

ENTRY DEADLINES: entries for each session will close by the applicable deadline listed below, or when a session becomes full and is closed early per the rules section above, whichever is first. NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED. Check http://ome.swimconnection.com/pc/CARS20170113 for session open or closed status.

ONLINE ENTRIES: To enter online go to http://ome.swimconnection.com/pc/CARS20170113 to receive an immediate entry confirmation. The "billing information" email should be brought to the meet as proof of entry. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to $\$ 1$ per athlete plus $5 \%$ of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will not be accepted after 11:59 pm on Wednesday, January 4, 2017.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best yards time. Entries must be postmarked by midnight, Tuesday, January 3, 2017 or hand delivered by 6:30 p.m. Wednesday, January 4, 2017, and may be rejected if a session is already full.

## Make check payable to: Carson Tigersharks

Mail entries to: Becki Boehnke
PO Box 1876

Carson City, NV 89702

Hand deliver entries to: Becki Boehnke<br>841 N. Roop St<br>Carson City, NV 89701

## AWARDS:

- Individual High Point: High Point and runner up awards for age groups 8 \& U, 9-10, 11-12, 13-14, and 15-18.
- Individual Events: Ribbons $1_{\text {st }}-8$ th place for age groups $8 \& \mathrm{U}, 9-10,11-12$, and 13-14.
- Athletes 15-18 will not receive individual ribbons. Athletes 19 years of age and older will not receive points or awards.
- ALL AWARDS MUST BE PICKED UP AT THE MEET. Each club is asked to designate a club representative to claim awards. NO AWARDS WILL BE MAILED.

SCORING: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

ADMISSION: Free. A 3-day meet program will be available for a fee.

SNACK BAR: A snack bar will be available during the meet.
HOSPITALITY: Limited hospitality will be available to all working officials and coaches.

MINIMUM OFFICIALS: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are requested to provide at least the following number of certified and carded officials for each session:

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Club athletes entered in session: Trained and carded officials requested
1-10 0
11-25 1
26-50 2
51-75 3
76-100 4
1 0 1 \text { or more } 5
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TIMERS: $\quad$ Clubs will be assigned lanes based on the number of athletes from each club (host club will not be expected to time).

EVENT SUMMARY:

| FRIDAY |  |  | SATURDAY |  |  |  | SUNDAY |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9-10 | 11-12 | 13 \& 0 | 8 \& U | 9-10 | 11-12 | 13 \& 0 | 8 \& U | 9-10 | 11-12 | 13 \& 0 |
| 200 IM | 400 IM* | 400 IM* | 100 IM | 100 IM | 100 IM | $200 \mathrm{BK}^{*}$ | 100 FR | 200 FR | 200 FR | 200 FR* |
| $500 \mathrm{FR}^{*}+$ | $500 \mathrm{FR}^{*}+$ | 1650 FR\# | 50 BK | 50 BK | 200 BK* | 100 FR* | 25 BK | 100 BK | 100 BK | 100 BK* |
|  |  |  | 25 BR | 100 BR | 50 BK | $200 \mathrm{BR}^{*}$ | 50 BR | 50 BR | 200 FL* | 200 FL* |
|  |  |  | 50 FL | 50 FL | 100 FR | 100 FL* | 25 FL | 100 FL | 50 FL | $100 \mathrm{BR}^{*}$ |
|  |  |  | 25 FR | 100 FR | 200 BR* | $500 \mathrm{FR}^{*}+$ | 50 FR | 50 FR | 100 BR | 200 IM ${ }^{*}$ |
|  |  |  |  |  | 50 BR |  |  |  | 200 IM | 50 FR* |
|  |  |  |  |  | 100 FL |  |  |  | 50 FR |  |

* Events designated 9-12, 11 \& Over, and 13 \& over will be swum combined but scored in separate age groups.
+ The 500 Freestyle events will alternate women's and men's heats, and athletes must provide their own lap counters.
\# A previous official time in an event $400 \mathrm{y} / 400 \mathrm{~m}$ or longer is required to enter the 1650 freestyle. The 1650 freestyle will alternate women's and men's heats, and athletes must provide their own timers and lap counters.


## ORDER OF EVENTS:

| WOMEN'S EVENT \# | DESCRIPTION |  | MEN'S EVENT \# |
| :---: | :---: | :---: | :---: |
|  | AGE GROUP | EVENT |  |
| Friday PM Session |  |  |  |
| 1 | 9-10 | 200 IM | 2 |
| 3 | 11 \& Over | 400 IM | 4 |
| 5 | 9-12 | 500 Freestyle+ | 6 |
| 7\# | 13 \& Over | 1650 Freestyle\# | 8\# |
| Saturday AM Session |  |  |  |
| 9 | 11-12 | 100 IM | 10 |
| 11 | 11 \& Over | 200 Backstroke | 12 |
| 13 | 11-12 | 50 Backstroke | 14 |
| 15 | 13 \& Over | 100 Freestyle | 16 |
| 17 | 11-12 | 100 Freestyle | 18 |
| 19 | 11 \& Over | 200 Breaststroke | 20 |
| 21 | 11-12 | 50 Breaststroke | 22 |
| 23 | 13 \& Over | 100 Butterfly | 24 |
| 25 | 11-12 | 100 Butterfly | 26 |
| 27 | 13 \& Over | 500 Freestyle+ | 28 |
| Saturday PM Session |  |  |  |
| 29 | 9-10 | 100 IM | 30 |
| 31 | 8 \& Under | 100 IM | 32 |
| 33 | 9-10 | 50 Backstroke | 34 |
| 35 | 8 \& Under | 50 Backstroke | 36 |
| 37 | 9-10 | 100 Breaststroke | 38 |
| 39 | 8 \& under | 25 Breaststroke | 40 |
| 41 | 9-10 | 50 Butterfly | 42 |
| 43 | 8 \& Under | 50 Butterfly | 44 |
| 45 | 9-10 | 100 Freestyle | 46 |
| 47 | 8 \& Under | 25 Freestyle | 48 |


| WOMEN'S EVENT \# | DESCRIPTION |  | MEN'S EVENT \# |
| :---: | :---: | :---: | :---: |
|  | AGE GROUP | EVENT |  |
| Sunday AM Session |  |  |  |
| 49 | 13 \& Over | 200 Freestyle | 50 |
| 51 | 11-12 | 200 Freestyle | 52 |
| 53 | 13 \& Over | 100 Backstroke | 54 |
| 55 | 11-12 | 100 Backstroke | 56 |
| 57 | 11 \& Over | 200 Butterfly | 58 |
| 59 | 11-12 | 50 Butterfly | 60 |
| 61 | 13 \& Over | 100 Breaststroke | 62 |
| 63 | 11-12 | 100 Breaststroke | 64 |
| 65 | 13 \& Over | 200 IM | 66 |
| 67 | 11-12 | 200 IM | 68 |
| 69 | 13 \& Over | 50 Freestyle | 70 |
| 71 | 11-12 | 50 Freestyle | 72 |
| Sunday PM Session |  |  |  |
| 73 | 9-10 | 200 Freestyle | 74 |
| 75 | 8 \& Under | 100 Freestyle | 76 |
| 77 | 9-10 | 100 Backstroke | 78 |
| 79 | 8 \& Under | 25 Backstroke | 80 |
| 81 | 9-10 | 50 Breaststroke | 82 |
| 83 | 8 \& Under | 50 Breaststroke | 84 |
| 85 | 9-10 | 100 Butterfly | 86 |
| 87 | 8 \& Under | 25 Butterfly | 88 |
| 89 | 9-10 | 50 Freestyle | 90 |
| 91 | 8 \& Under | 50 Freestyle | 92 |

+ The 500 Freestyle events will alternate women's and men's heats, and athletes must provide their own lap counters.
\# A previous official time in an event $400 \mathrm{y} / 400 \mathrm{~m}$ or longer is required to enter the 1650 freestyle. The 1650 freestyle will alternate women's and men's heats, and athletes must provide their own timers and lap counters.


