GILROY GATORS SWIM TEAM (GGST)
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET
NOVEMBER 5-6, 2016
Enter Online: http://ome.swimconnection.com/pc/GGST20161105

SANCTION: Held under USA/Pacific Swimming Sanction No. 16-151
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet at HTTP://results.teamunify.com/ggst/index.html.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

## MEET PERSONNEL: Meet Referee: Carole Keighley Head Starter: Ray Tanaka Meet Marshal: Bruce Gordon Admin Official: Denise Brolin Meet Director: Denise Brolin (d.brolin@verizon.net) - 408-848-3861

## LOCATION: Gilroy High School, 750 W. Tenth Street. Gilroy, CA 95020

COURSE: Outdoor heated 25 yard course pool with up to 6 lanes available for competition. A separate pool will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is $6^{\prime}$ at the start end and $6^{\prime}$ at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:00 to 8:45 AM in the shallow pool.

RULES: - Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in Four (4) events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- All athletes competing in the 9-10 500 Freestyle must have met the USA-S Motivational "B" Time Standard for their gender.
- All athletes competing in the 500 and/or 1000 Freestyle must provide their own timers and lap counters.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete's age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may combine heats in an effort to keep the pace of meet.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.
RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY: • Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a $\$ 10$ surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Athletes in the " $A$ " Division must have met at least USA Swimming Motivational " $A$ " minimum time standard. Athletes in the " $B$ " Division must have met at least the listed " $B$ " minimum time standard. All entry times slower than the listed " $B$ " time standard will be in the "C" Division.
- Entries with "NO TIME" will be ACCEPTED.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Priority registration will be given to Zone 1 South clubs until Wednesday, October 5, 2016. After this date, the meet will be open to other clubs outside the zone.

ENTRY FEES: $\$ 4.00$ per event plus an $\$ 8.00$ participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to http://ome.swimconnection.com/pc/GGST20161105 to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to $\$ 1$ per athlete plus 5\% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, October 26, 2016.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, October 24, 2016 or hand delivered by 6:30 p.m. Wednesday, October 26, 2016. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

## Make check payable to: GILROY GATORS SWIM TEAM

## Mail entries to: DENISE BROLIN 785 NICOLE COURT GILROY, CA 95020

## Hand deliver entries to: DENISE BROLIN 785 NICOLE COURT GILROY, CA 95020

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Individual awards will be awarded in the A, B, and C division. Ribbons for first through eighth place will be given to the following age groups: $8 \&$ under, $9-10$ and 11-12, 13-14, 15-18 age groups. No awards given for athletes 19 years of age and older. Awards will not be mailed.

ADMISSION: Free. A 2-day meet program will be available for a nominal fee.
SNACK BAR \& HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Please note signs and avoid parking in restricted areas. Access ways, passage ways, doorways must remain clear of chairs, seats, bulky items and bags per compliance with Fire Marshall's orders.

## EVENT SUMMARY

| SATURDAY |  |  |  | SUNDAY |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8 \& UN | 9-10 | 11-12 | 13-18 | 8 \& UN | 9-10 | 11-12 | 13-18 |
| 25 BACK | 50 BACK | 400 IM | 400 IM | 25 FLY | 50 FLY | 200 FLY | 200 FLY |
| 25 BREAST | 50 BREAST | 100 BACK | 200 BACK | 25 FREE | 100 BK | 50 BREAST | 50 FREE |
| 50 BACK | 100 FLY | 200 BREAST | 100 BREAST | 100 IM | 200 IM | 200 FREE | 200 IM |
| 50 FREE | 50 FREE | 50 FLY | 100 FLY | 100 FREE | 500 FREE | 200 IM | 1000 FREE |
|  | 100 FREE | 100 FLY | 200 FREE |  |  | 1000 FREE |  |
|  |  | 100 FREE |  |  |  |  |  |


| SATURDAY, NOVEMBER 5, 2016 |  |  |
| :---: | :---: | :---: |
| EVENT \# | EVENT | EVENT \# |
| 1 | 11-12 400 I.M. | 2 |
| 3 | $13 \&$ Over 400 I.M. | 4 |
| 5 | $8 \&$ Under 25 Backstroke | 6 |
| 7 | $9-1050$ Backstroke | 8 |
| 9 | $11-12$ 100 Backstroke | 10 |
| 11 | $13 \&$ Over 200 Backstroke | 12 |
| 13 | $8-$ Under 25 Breaststroke | 14 |
| 15 | $9-1050$ Breaststroke | 16 |
| 17 | $11-12200$ Breaststroke | 18 |
| 19 | $13 \&$ Over 100 Breaststroke | 20 |
| 21 | $8-$ Under 50 Backstroke | 22 |
| 23 | $9-10100$ Butterfly | 24 |
| 25 | $11-1250$ Butterfly | 26 |
| 27 | $13 \&$ Over 100 Butterfly | 28 |
| 29 | $8 \&$ Under 50 Freestyle | 30 |
| 31 | $9-1050$ Freestyle | 32 |
| 33 | $11-12100$ Butterfly | 34 |
| 35 | $9-10100$ Freestyle | 36 |
| 37 | $11-12100$ Freestyle | 38 |
| 39 | $13 \&$ Over 200 Freestyle | 40 |


| SUNDAY, NOVEMBER 6, 2016 |  |  |
| :---: | :---: | :---: |
| EVENT \# | EVENT | EVENT <br> $\#$ |
| 41 | 11-12 200 Butterfly | 42 |
| 43 | $13 \&$ Over 200 Butterfly | 44 |
| 45 | $8 \&$ Under 25 Butterfly | 46 |
| 47 | $9-1050$ Butterfly | 48 |
| 49 | $11-12$ 50 Breaststroke | 50 |
| 51 | $13 \&$ Over 50 Freestyle | 52 |
| 53 | $8 \&$ Under 25 Freestyle | 54 |
| 55 | $9-10$ 100 Backstroke | 56 |
| 57 | $11-12$ 200 Freestyle | 58 |
| 59 | 13 \& Over 200 I.M. | 60 |
| 61 | 8 \& Under 100 I.M. | 62 |
| 63 | 9-10 200 I.M. | 64 |
| 65 | 11-12 200 I.M. | 66 |
| 67 | $8 \&$ Under 100 Freestyle | 68 |
| 69 | $9-10$ 500 Freestyle** | 70 |
| 71 | $11 \&$ Over 1000 Freestyle*** | 72 |

**All athletes in the 9-10 500 Freestyle must have met the USA-S Motivational 9-10 "B" Time Standard for their gender.
***All athletes in the 500 and 1000 Freestyle must provide their own lane timers and lap counters.
Use the following URL to find the time standards: http://www.pacswim.org/swim-meet-times/standards


