INVITED TEAMS: SSF, LAMV, MAV and SUNN
This meet is swimming one event, the 800SCM Freestyle.

SANCTION: Held under USA/Pacific Swimming Sanction No. 19-138
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

## MEET PERSONNEL: Meet Referee: Sam Tang Head Starter: Evan Bigall Head Marshal: Jose Bonpua Admin Official: Stephanie Kuang Meet Director: Edward Toatley (ewtswim@aol.com)

LOCATION: Eagle Park, 650 Franklin St, Mountain View, CA 94041.

DIRECTIONS: From the North: Take US-101 S toward San Jose. EXIT 399 SHORELINE BLVD. toward Mountain View. Turn RIGHT onto N. Shoreline Blvd. Turn LEFT onto Church St. Take the 2nd RIGHT onto Franklin St. The Eagle Park Pool will be on your right. From the South: Take US-101 N toward San Francisco. EXIT 396C to merge onto CA-237 W toward Mountain View Alviso Rd. Turn RIGHT onto W. El Camino Real. Turn RIGHT onto N. Shoreline Blvd. Turn RIGHT onto Church St. Take the 2nd RIGHT onto Franklin St. The Eagle Park Pool will be on your right. Limited parking is available in the adjacent parking lots. Street parking is available and carpooling is encouraged.

COURSE: Outdoor, heated, 25 yard pool or 25 short course meter pool, with up to eight (8) lanes will be used for competition. An adjacent 4-lane warm-up/cooldown area will be available during the meet. The minimum water depth, measured in accordance with Article 103.2.3 is $5^{\prime}$ at the start end and $5^{\prime}$ at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Colorado Timing System will be used.

TIME: Sunday, September 29, 2019
Warm-ups: 12:45-1:25 PM
Meet Start: 1:30 PM

## RULES:

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Heats will swim fast to slow.
- Seeding will be done by entry time only, regardless of age or sex.
- Athletes may compete in only 1 event and 1 heat.
- A maximum of 64 athletes total (male and female, 8 heats total) will be accepted ( 16 per club).
- Competition will be completed within four (4) hours.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- All athletes shall provide their own timers and lap counters.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of
athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

## RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- No personal tents/EZ-ups will be allowed on the pool deck.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.


## ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a $\$ 10$ surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes must be a member of SSF, LAMV, MAV, or SUNN. Unattached athletes currently participating with SSF, LAMV, MAV or SUNN are eligible to compete.
- Entries with No-Time "NT" will NOT be accepted.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.

ENTRY DEADLINE: Entries must be received by 11:59 PM, Sunday, September 22, 2019
Entry Directions:

1. Hy-Tek event file will be sent to each invited club.
2. Club enters athletes and exports to an entries file.
3. Email the entries file to: ewtswim@aol.com.

ENTRY FEES: $\$ 15.00$ per athlete, which covers the participation fee, event fee, and a facility fee. A single check per club should be mailed to the address below. No refunds will be made.

Make check payable to: LAMV Swim Club, P.O. Box 1269, Los Altos, CA 94023

CHECK-IN: The meet will be pre-seeded. Heat and lanes will be sent to each club prior to the meet.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: No awards will be given.
ADMISSION: Free.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT and ESTIMATED TIMELINE

| EVENT | HEAT | Estimated Start |
| :---: | :---: | :---: |
| 800scm Freestyle, boys \& girls* | 1 | $1: 30 \mathrm{pm}$ |
|  | 2 | $1: 40 \mathrm{pm}$ |
|  | 3 | $1: 55 \mathrm{pm}$ |
|  | 4 | $2: 10 \mathrm{pm}$ |
|  | 5 | $2: 25 \mathrm{pm}$ |
|  | 6 | $2: 40 \mathrm{pm}$ |
|  | 7 | $2: 55 \mathrm{pm}$ |
|  | 8 | $3: 10 \mathrm{pm}$ |

* All athletes must enter a qualifying time (or coach verified time) for proper seeding purposes, and must provide their own timers and lap counters.

