

MARIN PIRATES SWIM TEAM
PACIFIC SWIMMING LONG COURSE SENIOR T/F QUINT-MEET
MP, BSW, RHAC, WCAB, WAC (SN)
SATURDAY, May 25, 2019



Enter Online: <http://ome.swimconnection.com/pc/wcab20190525>

SANCTION: Held under USA/Pacific Swimming Sanction No. **19-088**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Millie Nygren	Head Starter: Wayne McIntosh
Meet Marshal: Tom Evers	Admin Official: Chris Ottati
Meet Director: Warren Lager lagersmith@comcast.net	

LOCATION: College of Marin's Indian Valley Campus; 1800 Ignacio Blvd, Novato, CA 94949

DIRECTIONS: Highway 101 North – take Ignacio exit, continue west and enter the College of Marin campus entrance. Highway 101 South – take the Ignacio exit, continue west and enter the College of Marin campus entrance. Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed. No overnight/RV parking allowed

Parking lot 5 is free. There will be a \$4.00 parking fee for parking in all other lots.

COURSE: Outdoor 50 meter pool with up to 7 lanes available for competition. Additional lane(s) will be available for warmup/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 14'-0" at the start end and 4'-6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet shall begin at 9:00 AM with warm-ups from 7:30 to 8:45 AM. Finals shall begin no earlier than 90 minutes after the conclusion of prelims. Start time shall be decided at the coaches meeting.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- All events shall swim fastest to slowest.
- *Athletes competing in a preliminary event shall automatically qualify for finals in that event. The number of finals heats shall be determined by the number of athletes competing.*
- Athletes may compete in a maximum of **three (3) individual events in the preliminary session**, and **two (2) individual events in the finals session**. Athletes shall be responsible for scratching down to two (2) individual events for finals. If an athlete fails to make this required scratch, they shall be automatically scratched from their final event.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- Each club shall provide timers for two (2) lanes.

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Coach's canopies only shall be allowed on the pool deck. Team areas can be set up on the bleachers.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- Meet is open to all qualified athletes who shall be attending high school in fall 2019, or older, and are registered with BSW, MP, RHAC, WAC, or WCAB. Qualified athletes who are unattached, but participating with BSW, MP, RHAC, WAC, or WCAB are eligible to enter the meet.
- Entries with "NO TIME" shall be accepted.

ENTRY FEES: \$7.50 per individual event plus \$10.00 per athlete participation fee. Entries shall be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to: <http://ome.swimconnection.com/pc/wcab20190525> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. *Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.* Online entries shall be accepted through **Wednesday, May 15, 2019**.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athletes best time. Entries must be entered using the current Pacific Swimming procedure: and postmarked by midnight, **Monday, May 13**, or hand delivered by 6:30 p.m. on **Wednesday, May 15**. No late entries shall be accepted. No refunds shall be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Marin Pirates

Mail entries or hand-deliver entries to: Marin Pirates; 22 Corona Court, Novato, CA 94945

CHECK-IN: Prelims: This session shall be pre-seeded. Athletes shall not be required to check in.

Finals: This session shall be deck seeded. Athletes shall be responsible for scratching down to two (2) individual events for finals. If an athlete fails to make this required scratch with 15 minutes of the conclusion of finals, they shall be automatically scratched from their third event.

SCRATCHES: Any scratches for the prelim session must be email to coachtoddkrohn@gmail.com by 10:00 AM on Friday, May 24th. Any athletes not reporting for or competing in a preliminary or final event that they have entered shall not be penalized.

AWARDS: None.

ADMISSION: Free.

HOSPITALITY: Light hospitality for timers. Full hospitality for coaches and officials. Lunches will be provided for coaches and officials. *There will not be a snack bar.*

SCORING: Places in finals shall be scored to the top six (6) in each event. Individual scoring shall be 7-5-4-3-2-1

ORDER OF EVENTS

Girls Event #	Event	Boys Event #
1	*800Free	2
3	200 Free	4
5	100 Back	6
7	100 Breast	8
9	200 Fly	10
11	50 Free	12
13	*400 IM	14
15	100 Free	16
17	200 Back	18
19	200 Breast	20
21	400 Free	22
23	100 Fly	24
25	200 IM	26

*The 1000 Free and 400 IM are timed final events and shall swim in the prelim session only.

10-minute breaks for athletes in back-to-back events shall be decided upon at the 8:45am coaches' meeting

LONG COURSE SENIOR QUAD-MEET – (MP, RHAC, BSW, WAC, WCAB)
 Hosted by Marin Pirates
 Saturday, May 25, 2019

Name: Last, First Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle One
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM

of entries _____ x \$7.50 = \$ _____

+ Participation Fee \$ 10.00

= Total \$ _____

Coach

Home Phone	Cell Phone
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E-Mail Address