

SANCTION: Held under USA/Pacific Swimming Sanction No. 15-129

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: Meet Referee: Peggy Ramirez Head Starter: Shari Cruse Meet Marshal: Jim Larson Admin Official: Suzi Jackson Meet Director: Tom Evers – (415) 902-0064 / tevers4@me.com

LOCATION: College of Marin Indian Valley Campus Pool - 1800 Ignacio Road, Novato, California.

DIRECTIONS: Highway 101 North-take Ignacio exit, continue west and enter the College of Marin campus entrance. Highway 101 South-take Ignacio exit, continue west and enter the College of Marin campus entrance. Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed. No overnight/RV parking allowed.

**COURSE:** Outdoor 25-yard pool with up to 14 lanes available for competition with electronic timing system. Separate lanes will be available for warm-up/cool down throughout the competition. The minimum water depth, measured in accordance with Article 103.2.3, is 14' at the primary start end and 4'6" at the secondary start end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day.

- **RULES:** Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - All events are timed finals.
  - All events will swim fast to slow
  - Swimmers may compete in a maximum of four (4) events per day.
  - Swimmers in the 1000 yard freestyle must provide their own timers and lap counters.
  - Check-in for the 1000 yard freestyle will close at 10:00 am on the day of the event.
  - If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Only swimmers, coaches, officials, and volunteers will be allowed on the pool deck.
- Coaches, parents, siblings, and officials may not use the pool
- All pets are prohibited in the pool area.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

• Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:** • Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

• Swimmers 13/Over are eligible to enter this meet. There is no proof of time. Entry times should be the swimmers actual time and not the minimum standard.

• Swimmers 11 and 12 years of age must meet the SR-Open time standard as outlined by Pacific Swimming time verification procedures. No refunds will be given if a time cannot be proven. There are NO bonus events.

- Swimmers under the age of 11 years are not eligible to compete.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- No time conversions will be accepted.
- Entries with "NO TIME" will NOT be accepted.

**SEEDING:** Event seeding will be in the following order: conforming short course yards, non-conforming long course meters, and non-conforming short course meters USA Swimming rules 207.11.7B.

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event. Check-In for the 1000 yard freestyle will close at 10:00 AM on the day of the meet.

**SCRATCHES:** Swimmers entered in a timed final individual event that is seeded on the deck that have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from their next individual event in which the swimmer is entered on that day or the next meet day, whichever if first.

**ENTRY FEES:** \$6.50 per individual event plus an \$8.00 per swimmer participation fee. Entries will be rejected if payment is not sent at time of request.

**ONLINE ENTRIES:** To enter online go to <u>http://ome.swimconnection.com/pc/MP20150926</u> to receive an immediate entry confirmation this method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through **Wednesday, September 16, 2015.** 

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be entered using the current Pacific Swimming procedure: and postmarked by midnight, **Monday, September 14, 2015** or hand delivered by 6:00 p.m. Wednesday, **September 16, 2015**. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of

## \*If sending via Express/Overnight Delivery....WAIVE THE SIGNATURE!

AWARDS: None.

**ADMISSION:** Free. A 2-Day program will be available for a fee.

**HOSPITALITY & SNACK BAR:** Lunch and refreshments will be provided for working officials and coaches. Snacks & beverages will be provided for timers throughout the meet. A snack bar will be available for a fee.

**MISCELLANEOUS:** Public parking is very limited. Carpooling is encouraged. Park only in marked stalls. Cars will be ticketed and/or towed for illegal parking. Limited, reserved parking for Coaches and working Officials will be available. Overnight and/or day use RV parking is not allowed!

## **ORDER OF EVENTS**

Women's Events					Men's Ever	s Events		
SCY	LCM				SCY	LCM		
11-12 Girls time standards			Saturday, September 26, 2015	11	11-12 Boys time standards			
5:32.89	6:18.79	1	400 IM (women)					
			500 Free (men)	2	5:47.89	5:12.79		
1:10.69	1:19.99	3	100 Fly	4	1:03.89	1:12.69		
2:32.99	2:55.79	5	200 Back	6	2:20.69	2:41.39		
2:36.79	3:00.29	7	200 IM	8	2:23.29	2:45.49		
29.99	34.29	9	50 Free	10	26.89	30.19		
1:21.99	1:33.89	11	100 Breast	12	1:13.59	1:25.49		
12:51.69	11:30.19	13	1000 Free (women)					
			Sunday, September 27, 2015					
6:12.69	5:34.69	15	500 Free (women)					
			400 IM (men)	16	5:07.69	5:51.59		
2:19.99	2:39.49	17	200 Free	18	2:08.39	2:27.89		
1:10.79	1:22.29	19	100 Back	20	1:04.69	1:15.49		
2:34.89	2:55.89	21	200 Fly	22	2:22.29	2:41.49		
1:04.99	1:14.09	23	100 Free	24	58.69	1:07.39		
2:56.39	3:21.19	25	200 Breast	26	2:40.49	3:04.09		
			1000 Free (men)	28	12:01.49	10:50.69		

There are NO time standards for 13 & Over Swimmers.

All Events will swim fastest to slowest.

		Ра			ENIOF nber 2	R OPEN 6 – 27,	, 2015		ates					
Name: Last	-,	Fir	Middle											
Club Abbr.		UNATT TEAM ABBR				Club Name								
Age		Date of Birth				Sex M F			LSC – (PC, SN)					
USA-#														
Event #	Distance	e / Strok	Entry Time				Circle One							
							:			SCY / LCM / SCM				
							:			S	CY/L	.CM / S	SCM	
							:			S	CY / L	.CM / S	SCM	
							•			S	CY/L	.CM / S	SCM	
							:			S	CY/L	.CM / S	SCM	
							:			S	CY/L	.CM / S	SCM	
							•			S	CY/L	.CM / S	SCM	
							:			S	CY/L	.CM / S	SCM	
							•	•		S	CY/L	.CM / S	SCM	
							:	•	· · · ·	S	CY/L	.CM / S	SCM	
		F	of entri Participa Fotal			x \$6.5(	\$ 8	8.00						
Coach														
Swimmer's Address														
Home Phone						Cell Phone								
Email														