

**Orinda Aquatics**  
**Team Intrasquad IMX challenge (closed)**  
**January 17, 2015**



Enter online @ Swim Connection: <http://ome.swimconnection.com/pc/oapb20150117>

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **15-014**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**      *Meet Referee:* Rick Giambastini      *Head Starter:* Holly Taifer  
                                 *Meet Marshal:* Jim Therien              *Admin Official:* Peter McNamara  
                                 *Meet Director:* Renee Owyong – [r.owyong@att.net](mailto:r.owyong@att.net) (preferred)/510.339.8841 (no calls after 8:00PM)

**LOCATION:** SODA AQUATIC CENTER at CAMPOLINDO HIGH SCHOOL: 300 Moraga Road, Moraga, California

**DIRECTIONS:** From Highway 24 westbound – take Central Lafayette exit, turn right on Deer Hill Rd., right on First St., right on Mount Diablo Blvd., left on Moraga Rd., and right on Campolindo Dr. From Highway 24 eastbound – take Orinda exit, right on Moraga Way, left on Glorietta Blvd., right on Rheem Blvd., left on Moraga Rd., left on Campolindo Dr. Pool is located behind high school. Parking lot is located on left. Do not park where “No Parking” or “Permit Parking Only” signs are posted. There is absolutely no parking anywhere on or along the fire road that leads from the parking lot to the swimming pool. You will be ticketed or towed. No parking is allowed in Carroll Ranch, where the streets are privately-owned.

**COURSE:** Outdoor 25-Yard competition pool with 10 lanes with electronic timing system. A separate pool will be available for warm-down during the meet. The minimum water depth as measured in accordance with article 103.2.3 is 10’ on the primary start end and 7’ on the secondary start end of the competition pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**TIME:** **Meet begins at 9:30 AM.** The competition course will be open for warm-ups from 8:15 to 9:15 a.m.

**RULES:**

- Current USA-S and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in **MAXIMUM of Three (3)** events per day.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- **All events will be pre-seeded and run fastest to slowest.**

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete’s USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer’s legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Coaches, Parents, Siblings, and Officials may not use the pool.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- This meet is open to member of the Orinda Aquatics Year-Round Team ONLY.
- Entries with "**NO TIME**" will **NOT** be **ACCEPTED**.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY FEES:** None.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/oapb20150117> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Online entries will be accepted through **Sunday, January 11<sup>th</sup> at 11:59 PM.**

**CHECK-IN:** All individual events will be pre-seeded. Swimmers are not required to check-in.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event shall NOT be penalized

**AWARDS:** None.

<b>GIRLS</b>	<b>IMX Challenge Event List</b>	<b>BOYS</b>
1	12&un 200 IM	2
3	11&up 400 IM	4
5	12&un 100 Back	6
7	11&up 200 Back	8
9	12&un 100 Fly	10
11	11&up 200 Fly	12
13	12&un 100 Breast	14
15	11&up 200 Breast	16
17	10&under mixed 200 Free	17
18	11&up mixed 1000 Free	18

*Maximum of 3 events per swimmer.*