

SANCTION: Held under USA/Pacific Swimming Sanction No. 19-061

In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

| OFFICIALS: | Meet Referee: Kendra Follett    | Head Starter: Roger Pflieger                            |  |  |  |  |  |  |
|------------|---------------------------------|---|--|--|--|--|--|--|
|            | Admin Official: Marie Kissinger | Meet Director: Teri Galvin <u>terigalvin1@gmail.com</u> |  |  |  |  |  |  |

LOCATION: Lombardi Recreation Center on the campus of the University of Nevada Reno, RENO, NV 89557

**DIRECTIONS:** From the Bay Area/Sacramento take I-80 East to Reno. From Salt Lake/Denver take I-80 West. Take the Virginia Street exit, from I-80 West, turn left onto Virginia Street and from I-80 East, turn right onto Virginia Street. Turn right on East 15<sup>th</sup> Street. Turn left on West Stadium Way. The Lombardi Recreation Center will be on your right. Parking is available on campus. Please observe posted parking signs.

**COURSE:** INDOOR 25 YARD pool with up to 8 lanes available for competition. The diving well will be available for warm up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'-0" at the start end and 3'-6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has not been certified.

TIME: Warm-ups in the competition pool will start at 8:00 am and end at 9:15 am. Competition will start at 9:30 am.

### **RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events will be timed finals.
- All events will be seeded fastest to slowest. The 500 Free and the 400 IM will be seeded fastest to slowest alternating girls and boys heats. Athletes must provide their own counters and timers for the 500 Free and the 400 IM.
- Athletes may compete in a maximum of five (5) events per day.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- No refunds will be given (other than in the case of a mandatory scratch down).
- All USA Swimming member Coaches and Deck Officials must wear their USA Swimming membership cards in a visible manner.

**COACHES AND ATHLETES:** Each athlete must be accompanied by a current and valid USA Swimming, High School, or NCAA coach for purposes of supervision during warm-ups, competition, and warm-downs. Each athlete must declare their supervising coach at morning check-in before warming up, or on their deck entry form, or must request and be assigned to a supervising coach before entering the water. Only currently valid USA Swimming, High School, or NCAA coaches supervising athletes are permitted to perform coaching duties on the pool deck, and should be prepared to present their current and valid credentials to meet management.

ATTENTION HIGH SCHOOL ATHLETES: If you are a California (CIF) high school athlete in season, you need to be Unattached from this

meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to California or Nevada athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES**: Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS**: Athletes shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

## **RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or spectators are present.
- The pool deck is restricted to current valid coaches, athletes, working officials and timers. Spectator seating is available in the bleachers above the pool deck.

### **ELIGIBILITY:**

- Athletes must be current members of USA-S and enter their name and registration number on their entries exactly as they are shown on their USA Swimming Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "NO TIME" will be accepted.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes shall be age 13 or older. The athlete's age shall be the age of the athlete on the first day of the meet.

**ENTRY DEADLINES:** In order to compete, athletes must either (1) enter online by 6:59 pm Saturday, May 11, 2019 or (2) turn in their paper entries on the day of the meet. Paper entries will be available at check in. The first 2 events will close at 8:30 am on Sunday and the next 2 events will close every 10 minutes thereafter. Deck entries will be accepted until the event closes.

**ENTRY FEES: ONLINE** \$5.00 per event, **WALK-ON (DECK ENTRIES)** \$10.00 per event. In addition, there is a \$5.00 participation fee for each athlete. All fees must be received at time of entry. There are NO REFUNDS except in cases of mandatory scratch-downs. Funds may NOT be applied to events other than the events entered.

**WALK-ON (DECK) ENTRIES**: May be submitted on the **day of the meet only**, using the attached consolidated entry form. Make checks for deck entries payable to RENO AQUATIC CLUB.

# PAPER ENTRIES WILL ONLY BE ACCEPTED AS DECK ENTRIES. PLEASE DO NOT MAIL PAPER ENTRIES AS THEY WILL NOT BE ACCEPTED.

**ONLINE ENTRIES:** To enter online go to <u>http://ome.swimconnection.com/pc/reno20190512</u> to receive an immediate entry confirmation. This method requires payment by credit card. **Please print and bring the entry confirmation email with you as proof** 

of payment. Swim Connection LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a deck entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Saturday, May 11, 2019 at 6:59 pm.

CHECK-IN: This meet will be deck seeded. To compete, athletes must positively check-in at the Clerk-of-Course before their event(s) close. Timely submission of deck entries at the meet constitutes check-in. The first 2 events will close for check-in at 8:30 am, and the next 2 events will close every 10 minutes thereafter. Deck entries on the Consolidated Entry Form together with payment will be accepted until the event closes.

**SCRATCHES AND NO-SHOWS**: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: None

ADMISSION: Free. No programs will be available.

### SNACK BAR AND HOSPITALITY: None

**OFFICIALS:** All available USA Swimming Member Certified Officials are welcomed and encouraged to work at this meet. As the number of Certified Officials allows, interested parents/trainees are also welcome to shadow working Officials for education and/or mentoring.

#### ORDER OF EVENTS RENO AQUATIC CLUB WALK ON MEET

| GIRLS EVENTS | SUNDAY MAY 12, 2019 | BOYS EVENTS |  |  |  |  |
|--------------|---------------------|-------------|--|--|--|--|
| 1            | 200 FREE            | 2           |  |  |  |  |
| 3            | 200 IM              | 4           |  |  |  |  |
| 5            | 100 BREAST          | 6           |  |  |  |  |
| 7            | 100 FLY             | 8           |  |  |  |  |
| 9            | 100 FREE            | 10          |  |  |  |  |
| 11           | 100 BACK            | 12          |  |  |  |  |
| 13           | 200 BREAST          | 14          |  |  |  |  |
| 15           | 50 FREE             | 16          |  |  |  |  |
| 17           | 200 FLY             | 18          |  |  |  |  |
| 19           | 200 BACK            | 20          |  |  |  |  |
| 21           | 500 FREE            | 22          |  |  |  |  |
| 23           | 400 IM              | 24          |  |  |  |  |

| Pacific Swimming – Hosted by Reno Aquatic Club<br>WALK ON MEET<br>May 12, 2019<br>Consolidated Entry Form |                     |                 |  |           |            |        |                |    |  |  |     |         |                         |    |
|---|---------------------|-----------------|--|-----------|------------|--------|----------------|----|--|--|-----|---------|-------------------------|----|
| Name: Last,   | Name: Last, First M |                 |  |           |            | iddle  |                |    |  |  |     |         |                         |    |
| Club Abbr.  |                     | UNATT TEAM ABBR |  | Club Name |            |        |                |    |  |  |     |         |                         |    |
| Age   | Date of E           | Birth           |  |           | Sex<br>M F |        | LSC – (PC, SN) |    |  |  |     |         |                         |    |
| USA-#   |                     |                 |  |           |            |        |                |    |  |  |     |         |                         |    |
| Event #   | Distance            | e / Stroke      |  |           | 1          | En     | try Ti         | me |  |  | Cir | cle On  | e                       |    |
|   |                     |                 |  |           |            |        | :              |    |  |  | 9   | SCY / L | CM / S                  | CM |
|   |                     |                 |  |           |            |        |                |    |  |  |     |         | CM / S                  |    |
|   |                     |                 |  |           |            |        | :              | •  |  |  | 9   | SCY / L | CM / S                  | CM |
|   |                     |                 |  |           |            |        | :              | •  |  |  |     |         | CM / S                  |    |
|   |                     |                 |  |           |            |        | :              | •  |  |  |     |         | CM / S                  |    |
|   |                     |                 |  |           |            |        | :              | •  |  |  |     |         | <u>CM / S</u>           |    |
|   |                     |                 |  |           |            |        | :              | •  |  |  |     |         | $\frac{CM}{S}$          |    |
|   |                     |                 |  |           |            |        | :              |    |  |  |     |         | <u>СМ / S</u><br>СМ / S |    |
|   |                     |                 |  |           |            |        | :              | •  |  |  |     |         | CM/S                    |    |
| # of entries x \$10.00 (5 event max) = \$<br>Participation Fee \$5.00<br>Total \$                         |                     |                 |  |           |            |        |                |    |  |  |     |         |                         |    |
| Coach   |                     |                 |  |           |            |        |                |    |  |  |     |         |                         |    |
| Athlete's<br>Address  |                     |                 |  |           |            |        |                |    |  |  |     |         |                         |    |
| Home Phon   | e                   |                 |  |           |            | Cell P | hone           |    |  |  |     |         |                         |    |
| Email   |                     |                 |  |           |            |        |                |    |  |  |     |         |                         |    |