

SANCTION: Held under USA/Pacific Swimming Sanction No. 15-109

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

 OFFICIALS:
 Meet Referee:
 Chuck Johnson
 Head Starter:
 Shari Cruse

 Meet Marshal:
 Darlene Follansbee
 Admin Official:
 Barbara DeVries

 Meet Director:
 Nichole Whetstone
 nicholewhetstone@sbcglobal.net

LOCATION: Petaluma Swim Center - 900 E Washington St, Petaluma, CA.

DIRECTIONS: From US 101, exit East Washington Street; travel westbound for 1/4 mile, turn left at Ellis Street. The Swim Center is visible from East Washington Street. Please park in the parking lot section next to Washington Street (around "Java Hut") or behind the Swim Center.

COURSE: Outdoor 25 yard x 50 meter heated pool, with rim flow gutters and anti-turbulent lane lines. Up to 8 lanes will be available for competition. A separate warm-up/cool down area will be available throughout the meet. The minimum water depth is 6 feet, measured in accordance with Article 103.2.3. The competition course has not been certified in accordance with 104.2.2C(4). Electronic timing will be used.

- TIME: FRIDAY Meet begins at 4:00pm on Friday. Warm-ups will be from 3:00-3:50 pm.
 SATURDAY/SUNDAY Meet begins at 9:00 am on Saturday and Sunday. Warm ups will be from 7:30 8:45 am. There will be a minimum one-hour warm-up before the beginning of finals each day. The starting time for finals on Saturday and Sunday will be determined and announced by the Head Referee each day.
- **RULES:** Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
 - All events will swim fast to slow.
 - Swimmers may compete in a maximum of two (2) events on Friday and up to three (3) individual events on both Saturday and Sunday. A maximum of eight (8) events may be swum over the three day competition.
 - All 8 & under events will be timed finals.
 - Individual events (other than 8 & under events) are preliminaries and finals, except the 400 IM, 500 Freestyle, 200 Freestyle, 200 Backstroke, 200 Butterfly, 200 Breaststroke, and 200 IM, which will be swum as timed finals.

• The eight fastest swims from preliminaries will qualify for championship finals. The next eight fastest swims will qualify for consolation finals.

• If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.

• All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator

- seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

• Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY: • Swimmers must be current members of USA-S. The meet host will check all swimmer registrations against the SWIMS Database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

• The meet is only open to swimmers attached to the following teams: AAA, MP, SD, NBA, QUIK, PCM, FOG, MONT, and HILL. Unattached swimmers may enter the meet only if they are affiliated with any of the teams listed above. Unattached swimmers may not score points for their team, but can win awards.

• Entries with "NO TIME" will be accepted

• Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.

- Swimmers 19 years of age and over may compete in the meet and will be entitled to score points and win awards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.
- Unattached swimmers may swim any individual event, but may not swim in relays.

SEEDING: Event seeding will be in the following order: (SCY) conforming short course yards, (LCM) non-conforming long course meters, and (SCM) non-conforming short course meters. USA Swimming rules 207.11.7B

ENTRY FEES: \$5.50 per individual event, \$8.00 participation fee per swimmer. \$16.00 per relay. **Note, relay only swimmers ARE NOT required to pay the participation fee. All entry fees **MUST** be included with entry.

TEAM ENTRIES: All entries will be submitted as electronic team entries using the file provided. Team entries will be accepted through Monday July 13th at 11:59. Send electronic entries to Nichole Whetstone (<u>nicholewhetstone@sbcglobal.net</u>). ***No late entries will be accepted*** No refunds will be made except for mandatory scratches.

Make check payable to: Redwood Empire Swim League

Mail check to: Meet Director, 959 Golf Course Dr., Rohnert Park, CA 94928.

RELAY ENTRIES:

- Relay deck entries will be accepted **before** 10am Saturday and Sunday.
- Relay-only swimmers must be included in the team electronic entry file.
- Unattached Swimmers may not swim in Relays.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk of Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES:

- Swimmers will not be penalized for missing preliminary events.
- A swimmer qualifying for any level of finals in an individual event who may not wish to swim in finals must either scratch or declare intent to scratch from that final within 30 minutes after the announcement of qualifiers. A swimmer who declares intent to scratch must declare their final intention within 30 minutes after their last individual preliminary event.
- Any swimmer qualifying for a consolation final or final race in an individual event who fails to show up in said consolation

final or final race prior to calling the alternate shall be barred from the remainder of any final events for that day. Should the swimmer have no additional final events for that day they will be barred from their next preliminary event on the next day of the meet they are entered.

• If the No-Show occurs on the last day that the swimmer is entered in a consolation final or final race, and no other individual event penalty is applicable, the swimmer shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment

- AWARDS: Individual Event Finals: Ribbons awarded to 1st thru 16th place. 13 & Over events will be awarded as 13-14 and 15&Over Relays: Ribbons awarded to 1st, 2nd, and 3rd place teams (8&U, 9-10, 11-12, 13-14, 15&Over)
 Team Trophies: Awarded to 1st through 3rd place teams.
 High point trophy: High point trophies will be awarded to a boy and a girl in each of the following age groups: 8&U, 9-10, 11-12, 13-14, 15&Ove.
- SCORING: Individual Events: *Finals:* 20, 17, 16, 15, 14, 13, 12, 11 / *Consolations:* 9, 7, 6, 5, 4, 3, 2, 1 Relays: 1st through 16th place: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
- ADMISSION: Free. A 3-day meet program will be available for a fee.
- **SNACK BAR:** A snack bar will be available during the meet.

HOSPITALITY: Hospitality will be available to all working officials and coaches.

OFFICIALS: At least seven days prior to the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each team participating in the meet, and provide a preliminary inventory of the officials that team is required to provide for each session. Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of swimmers entered in each session by each team with the number of officials present representing each team. If meet management certifies that a team has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a trials and finals meet, the team will be fined \$100 per missing official per session of the meet.

Number of swimmers competing in meet per team:	*Number of trained and carded officials required:
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

*Zone 3 will include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 will accept uncarded Trainees in the count of officials for up to two sessions. Teams may use officials "borrowed" from other teams, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

Event Summary

		Friday, July 24, 201	5	
	9-10	11-12	13-14	15&Ov
	200 IM	200 IM	400 IM	400 IM
	200 Free	200 Free	200 Breast	200 Breast
			500 Free	500 Free
		Saturday, July 25, 20	15	
8&Un	9-10	11-12	13-14	15&Ov
50 free	100 IM	100 IM	100 Fly	100 Fly
25 back	50 Free	50 Free	50 Free	50 Free
25 fly	50 Breast	100 Back	100 Back	100 Back
100 Medley Relay	100 Fly	50 Breast	200 Free	200 Free
	200 Medley Relay	100 Fly	200 Medley Relay	200 Medley Relay
		200 Medley Relay		
		Sunday, July 26, 201	.5	
8&Un	9-10	11-12	13-14	15&Ov
100 IM	100 Free	100 Free	200 IM	200 IM
25 breast	50 Back	100 Breast	100 Breast 100 Breast	
25 free	50 fly	50 back	200 Back 200 Back	
100 Free Relay	200 Free Relay	50 Fly	100 Free	100 Free
		200 Free Relay	200 Fly	200 Fly
			200 Free Relay	200 Free Relay

Schedule of Events

Friday, July 24, 2015					
Girls #	Age Group / Distance / Stroke	Boys #			
1%	13-Over 400 IM	2 %			
3 %	9-10 200 IM	4 %			
5 %	11-12 200 IM	6 %			
7 %	13-Over 200 Breast	8 %			
9 %	9-10 200 Free	10 %			
11 %	11-12 200 Free	12 %			
13 %	13-Over 500 Free	14 %			

Saturday, July 25, 2015			Sunday, July 26, 2015			
Girls #	Age Group / Distance / Stroke	Boys #	Girls #	Age Group / Distance / Stroke	Boys #	
15	9-10 100 IM	16	65	9-10 100 free	66	
17	11-12 100 IM	18	67	11-12 100 Free	68	
19	13-14 100 fly	20	69 %	13-14 200 IM	70 %	
21	15-Up 100 Fly	22	71 %	15-Up 200 IM	72 %	
23 %	8&Un 50 free	24 %	73 %	8&Un 100 IM	74 %	
25	9-10 50 free	26	75	11-12 100 Breast	76	
27	11-12 50 Free	28	77	13-14 100 Breast	78	
29	13-14 50 Free	30	79	15-Up 100 Breast	80	
31	15-Up 50 free	32	81 %	8&Un 25 breast	82 %	
33 %	8&Un 25 Back	34 %	83 %	13-14 200 Back	84 %	
35	11-12 100 Back	36	85 %	15-Up 200 Back	86 %	
37	13-14 100 Back	38	87	9-10 50 Back	88	
39	15-Up 100 Back	40	89	11-12 50 Back	90	
41 %	8&un 25 Fly	42 %	91	13-14 100 Free	92	
43	9-10 50 Breast	44	93	15-Up 100 Free	94	
45	11-12 50 Breast	46	95 %	8&Un 25 free	96 %	
47 %	13-14 200 Free	48 %	97	9-10 50 fly	98	
49 %	15-Up 200 Free	50 %	99	11-12 50 Fly	100	
51	9-10 100 Fly	52	101 %	13-14 200 Fly	102 %	
53	11-12 100 Fly	54	103 %	15-Up 200 Fly	104 %	
55 &	8&Un 100 Med. R.	56 &	105 &	8&Un 100 Free R.	106 &	
57 &	9-10 200 Med. R.	58 &	107 &	9-10 200 Free R.	108 &	
59 #	11-12 200 Med. R.	60 #	109 #	11-12 200 Free R.	110 #	
61 #	13-14 200 Med. R.	62 #	111 #	13-14 200 Free R.	112 #	
63 #	15&Ov 200 Med. R.	64 #	113 #	15&Ov 200 Free R.	114 #	

Events marked by "#" will be swum at beginning of finals Events marked by "&" will be swum at the end of prelims Events marked by "%" will be swum as timed finals