



PACIFIC
SWIMMING

Pacific Swimming
2007 Zones' All-Star Developmental Meet
Sunday, March 4, 2007

Sanction: Held under USA/Pacific Swimming Sanction No. **0477**

Course: Indoor 50m heated pool, competition course 25 yd. x 10 lanes. Automatic timing system will be used. Additional warm-up/down lanes will be available at all times during the meet.

Location: University of San Francisco, Koret Center Pool, located at the corner of Turk St and Parker Ave in San Francisco. **Directions from Golden Gate Bridge:** **1)** Take 19th exit south. **2)** Right on Anza St off Park Presidio **3)** immediate left on 15th Ave. **4)** Left on Balboa St. **5)** Balboa becomes Turk St. **6)** just past Stanyan, turn right into lower level of free parking or right on Parker and immediate right onto upper level free parking.

Directions from the Bay Bridge: **1)** take I-80 West, **2)** take the Mission St exit onto US-101 North - go 1.1 mi; **3)** US-101 North becomes Octavia St - go 0.3 miles, **4)** Turn Left on Fell St - go 0.7 mi, **5)** Turn right on Divisadero St - go 0.2 mi, **6)** Turn left on Fulton St - go 0.8 mi, **7)** Turn right on Parker Ave - go 0.2 mi to pool.

Free parking available in the USF-Koret parking facility is on a first come basis. Additional parking is available in other USF Campus lots but will require a few minutes to walk to the swim facility

Time: Competition begins at 10:00am. Pool will be available for warm-up from 8:00am to 9:45am.

Rules: Current USA and Pacific Swimming rules will govern the meet. **All coaches and deck officials must wear their USA-S membership card in a visible manner.** Pacific Swimming warm-up procedures will be in effect. All events shall be timed finals and shall be limited to two heats per event. Swimmers may compete in as many 3 individual events plus 2 relays. Each Zone team may have up to 4 swimmers in each individual event and up to 2 teams in each relay event. All events shall be pre-seeded. Each Zone team will be assigned two lanes for the meet by random draw using the following lane combinations; 1&6, 2&7, 3&8, 4&9, 5&10. Swimmers will be seeded into their team's assigned lanes. Heats will be seeded slowest to fastest. The meet referee, with the concurrence of the meet director, may impose a mandatory scratchdown.

Restrictions: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.

Eligibility: This meet is **open only to swimmers who have been selected to compete via a process decided by each Zone.** Swimmers who have competed at Western Zone All Stars or the Pacific Coast Meet are **not eligible.** An alternate swimmer who replaces an entered swimmer must compete in the entered swimmer's events. Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee).

Check In: Submission of an entry sheet constitutes check-in.

Scratches: There shall be no penalty for failing to swim a scheduled event.

Entries: Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. **Entries must be postmarked by midnight Thursday, February 22 or hand delivered to:**

Ruben DiRado, 5234 Hoyal Drive, Santa Rosa, CA 95409; Phone 707-799-7218

by 8:00 p.m. Monday, February 26. Entries may be emailed using Hy-Tek data format by February 26 (recommended). Contact Ruben DiRado at: cardinal_rube@yahoo.com for event file and additional instructions.

Awards: There shall be no individual awards. A trophy will be awarded to the highest scoring Zone team.

Scoring: Individual – 24,21,20,19,18,17,16,15,14,13,11,9,8,7,6,5,4,3,2,1
Relays – 48,42,40,38,36,34,32,30,28,26

Admission: Free.

Officials: Head Referee: Susi Jackson
Head Starter: Rick Beebe

Head Marshal: John Geary
Meet Director: Vicki Skiver (707) 321-0121

- SCHEDULE OF EVENTS -

| <u>Girls</u> | <u>Age Group</u> | <u>Event</u> | <u>Boys</u> |
|--------------|------------------|------------------|-------------|
| 1 | 8&U | 100 Medley Relay | 2 |
| 3 | 9-10 | 200 Medley Relay | 4 |
| 5 | 11-12 | 200 Medley Relay | 6 |
| 7 | 13-14 | 200 Medley Relay | 8 |
| 9 | 8&U | 25 Free | 10 |
| 11 | 9-10 | 50 Free | 12 |
| 13 | 11-12 | 50 Free | 14 |
| 15 | 13-14 | 50 Free | 16 |
| 17 | 8&U | 100 IM | 18 |
| 19 | 9-10 | 100 IM | 20 |
| 21 | 11-12 | 200 IM | 22 |
| 23 | 13-14 | 200 IM | 24 |
| 25 | 8&U | 25 Fly | 26 |
| 27 | 9-10 | 50 Fly | 28 |
| 29 | 11-12 | 100 Fly | 30 |
| 31 | 13-14 | 100 Fly | 32 |
| 33 | 8&U | 25 Back | 34 |
| 35 | 9-10 | 50 Back | 36 |
| 37 | 11-12 | 100 Back | 38 |
| 39 | 13-14 | 100 Back | 40 |
| 41 | 8&U | 25 Breast | 42 |
| 43 | 9-10 | 50 Breast | 44 |
| 45 | 11-12 | 100 Breast | 46 |
| 47 | 13-14 | 100 Breast | 48 |
| 49 | 8&U | 50 Free | 50 |
| 51 | 9-10 | 100 Free | 52 |
| 53 | 11-12 | 100 Free | 54 |
| 55 | 13-14 | 200 Free | 56 |
| 57 | 8&U | 100 Free Relay | 58 |
| 59 | 9-10 | 200 Free Relay | 60 |
| 61 | 11-12 | 200 Free Relay | 62 |
| 63 | 13-14 | 200 Free Relay | 64 |

RECAP OF EVENTS

8&Under
 100 Medley Relay
 25 Free
 100 IM
 25 Fly
 25 Back
 25 Breast
 50 Free
 100 Free Relay

9-10
 200 Medley Relay
 50 Free
 100 IM
 50 Fly
 50 Back
 50 Breast
 100 Free
 200 Free Relay

11-12
 200 Medley Relay
 50 Free
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 100 Fly
 100 Back
 100 Breast
 100 Free
 200 Free Relay

13-14
 200 Medley Relay
 50 Free
 200 IM
 100 Fly
 100 Back
 100 Breast
 100 Free
 200 Free Relay