

SATURDAY (team warmup and meeting sessions)

Warm-Up Pool (even if this is 8 lanes)										Competition Pool										
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
	unassigned									15:00										
3:30 PM	unassigned									3:30 PM	Zone 3									
3:45 PM	Zone 2									3:45 PM	Zone 3									
4:00 PM	Zone 3									4:00 PM	Zone 2									
4:15 PM	Zone 1 North									4:15 PM	Zone 2									
4:30 PM	unassigned									4:30 PM	Zone 1 North									
4:45 PM	Zone 1 South									4:45 PM	Zone 1 North									
5:00 PM	unassigned									5:00 PM	Zone 1 South									
5:15 PM	Zone 4									5:15 PM	Zone 1 South									
5:30 PM	unassigned									5:30 PM	Zone 4									
5:45 PM	unassigned									5:45 PM	Zone 4									
6:00 PM	exit facility									6:00 PM	exit facility									

Note- these are the team colors for the meet - teams always in same color each year.

SUNDAY - warm up assignments

Warm-Up Pool										Competition Pool											
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	
8:00 AM										15:00											
8:15 AM	Zone 2									8:00 AM	Zone 3										
8:30 AM	Zone 1 North									8:15 AM	Zone 3										
8:45 AM	unassigned general warmup									8:30 AM	Zone 2										
9:00 AM	Zone 1 South									8:45 AM	Zone 2					Zone 1 North					
9:15 AM	Zone 4									9:00 AM	Zone 1 North										
9:30 AM	Zone 4				Zone 3					9:15 AM	Zone 1 South										
9:45 AM	unassigned general warmup starting at 9:45 am									9:30 AM	Zone 1 South					Zone 4					
10:00 AM										Zone 4 (until 9:55)											
10:15 AM										meet starts 10:00 am											
10:30 AM										meet starts 10:00 am											
10:45 AM										meet starts 10:00 am											