

Pacific Swimming Athlete Committee

Meeting Minutes
February 26, 2023
6:00 p.m.

Zoom Link: Join Zoom Meeting

<https://zoom.us/j/92193801623?pwd=ZTg5bm94dmZrY0pgK1hBTGx6ckh6dz09>

Meeting ID: 921 9380 1623

Password: 797227

Mission Statement: Our mission is to share knowledge, develop leaders, and promote inclusivity to unify the athlete community.

1. Call to Order: 6:02
 - a. Notes taken during this meeting are written in **RED**
2. Attendance (no need to write your own name):
 - a. Abbey Keller, Alex Grant, Allison Liu, Anika Nagpal, Atlas Metin, Ashley Dangol, Alana Silva, Alisa Huang, Aden Li, Bella Pflieger, Cadence Wong, Charlie Mueller, Camille Guillerm, Cherise Wong, Chloe Craig, Donnamarie T, Daniel Roberts, Dominick Wonosaputra, Evan Byun, Ellie Burkhardt, Gracie Goss, Joseph Harris, Jack True, Jessica Kraemer, Kalia Ream, Kelsey Dodge, Lillian Yung, Mason Wendler, Marlee Repp, Marissa Carvajal, Oakley Briskman, Paige Griffis, Lily Struempf, Sophie Struempf, Steph Anderson, Stephanie Iannaccone, Sydney Thompson, Veronica Vetter, Zackary Caufield, Zach Silverman, Cindy Rowland, Veronica Hernandez
 - b. Turn your camera on at some point and hold up your favorite book to get recorded for attendance!
 - c. Please put your first and last name as your username on Zoom.
 - d. Communication: Please be sure to email vhernandez@pacswim.org directly if you are not able to attend Athlete Committee meetings.
3. Resources for the month:
 - a. [Black History Month Moments: Trish Miller](#)
 - b. [Gender Identity Learning Session with Truclusion](#) (February 27 @8PM, or March 1 7:30PM)
4. Icebreaker and February Team Culture Action Item:
 - a. February is black history month - initiate a discussion with your team about black athletes in swimming or black history more generally
 - i. Ideas to consider: Trivia game about [Swimming Firsts in Black History](#), highlight black swimmers on your team's Instagram, Discuss the [rejection/approval of the Soul Cap](#), create a shared document/spreadsheet with your team with local black owned businesses, restaurants, movies, etc. (see similar example that PC athletes put together: [AAPI Anti-Racism Resources](#))
 - ii. Hard to reach people across groups, some teams talked about black history

- b. Icebreaker: breakout rooms of 5, 3 minutes to find 1 thing you all have in common
5. Reports:
- a. Senior Rep (srathleterep@pacswim.org): Amerie Scholarship
 - b. Junior Rep (jrathleterep@pacswim.org): Amerie Scholarship judging committee - watch out for an email this week about a meeting
 - c. Zone Reps:
 - i. Zone 1N (SA - z1nAthleteRep@pacswim.org): next zone meeting March 13, Z1N athletes check your email for the info to attend
 - ii. Zone 1S (SB - z1sAthleteRep@pacswim.org): no report because no meeting this month.
 - iii. Zone 2 (SH, NR - z2AthleteRep@pacswim.org):
 - iv. Zone 3 (JH, AZ - z3AthleteRep@pacswim.org): N/R
 - v. Zone 4 (BP - z4AthleteRep@pacswim.org): next meeting next month, did not attend Zone challenge meet because of weather
 - d. Committee Reps:
 - i. Age group meeting next week
 - ii. Officials meet every 3 months
 - iii. Admin review board had an appeal
 - e. Team Reps:
 - i. Douglas Dolphins had a Valentines buddy meet
 - ii. Terrapins had an awards banquet and had an olympic swimmer guest
 - iii. OA had a buddy get together with youngers and seniors for Valentine's Day, and sent athletes to Clovis
 - iv. Ladera Oaks sent athletes to Clovis for first travel meet since COVID
 - v. Quicksilver Swimming - Sectionals travel meet to Novato
 - vi. BSW sent two younger swimmers to the all star championship meet this weekend. They both swam very well and our team is very excited for them.
 - f. WZ/ National DEI (VH):
 - i. N/R, meeting next week
 - g. Vice Chair (VH)(ES):
 - h. General Chair (DC):
 - i. Mental Health (CL & SW):
 - i. One post went out last month about staying on top of your mental health during championship season - check it out on the Pacific Swimming Instagram!
 - j. Social Media (JL & SB - repsocial@pacswim.org):
 - i. N/R - still need active members willing to participate
 - k. Rep Recruitment (SA):
 - i. N/R - graduating seniors need to get a new rep now!!
 - l. Team Interaction (JH):
 - i. Met this month to make bingo game plan, will be ready by next meeting, working on athlete rep buddy system
 - m. Suit Exchange (LY):
 - i. Will start handing out the suits next month, talk to your team to get donations
 - n. Meet Promotion and Sponsorship (SS):
 - i. Meeting in March
 - o. Awards Banquet

- i. Meeting next Sunday
- 6. Unfinished Business
- 7. New Business
 - a. Pacific Swimming Website
 - i. Summit Recap - Sophie S., Bella,
 - ii. Mental Health Page - Marlee
 - iii. Tech Suit Exchange Page - Lily Yung
 - iv. OPTC Camp -
 - v. Send to Diana before next meeting (dfetterman@pacswim.org) - word, pdf or google doc, show any bolded words/color/styling on your document, and Diana will do her best to replicate it on the website
 - b. Leadership Summit Planning Subcommittee
 - i. AEC
 - c. Jr Rep Elections - open form in April
- 8. March Team Culture Action Item:
 - a. Host a team event focused on bringing together the younger/older groups
 - i. Buddies system to teach young swimmers on how to attend a meet, olders/youngers make goodie bags for each other for a meet, Merge practice groups or dryland for a day, mini lessons from senior group swimmers
 - b. Report back next month!
- 9. Next Meeting: Sunday, March 26, 6PM
- 10. Adjourn: 6:45