

## 2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 10/24/24)

### NOVEMBER 1-3, 2024, PLEASANTON SEAHAWKS - SENIOR 2 TRIALS & FINALS - OQM

<b>Head Ref</b>	Mary Ruddell	mary.ruddell@att.net
<b>Head Starter</b>	Katherine Ng-Suen	beautykath@yahoo.com
Starter	Andy Downs	andy@macdowns.us
Starter	Thierry Foucu	tfoucu@gmail.com
Starter	Brett Shaug	bshaug67@yahoo.com
Deck Ref	Trevor Gillis	trevordgillis@att.net
Deck Ref	Stephanie Kuang	skuang168@yahoo.com
Deck Ref	Jeanette Soe	jgonsoe@yahoo.com
Deck Ref	Sachi Kuwano	sitow@hotmail.com
<b>Chief Judge (CJ)</b>	Kimber Guzik	klguzik@gmail.com
Assistant Chief Judge (ACJ)	Fred Chin	ftchin@gmail.com
Assistant Chief Judge (ACJ)	Desmond Tsai	tranngoc_nguyen@hotmail.com
Assistant Chief Judge (ACJ)	Kashyab Rengasamy	rakash80@gmail.com
Assistant Chief Judge (ACJ)	Bob Armbruster	bob_armbruster@comcast.net
<b>Administrative Referee</b>	Debbi Tucker	dtucker@pacswim.org
Assistant Administrative Referee	Mike Flegel	mpflegel@comcast.net
Assistant Administrative Referee	Mette Graversen	m.graversen@comcast.net
Assistant Administrative Referee	Ross Wilper	rwilper@gmail.com
Assistant Administrative Referee	Marie Lin	marieklin@gmail.com

### NOVEMBER 23-24, 2024, TERRAPINS SWIM TEAM - SENIOR OPEN

<b>Head Ref</b>	Carol Cottam	sherly51@aol.com
<b>Head Starter</b>	Sarah Obbagy	sobbagy@pacswim.org
Starter	Trevor Gillis	trevordgillis@att.net
Deck Ref	Charlie Gonzales	chgonzales@yahoo.com
Deck Ref	David Cottam	dvc196@sbcglobal.net
<b>Chief Judge (CJ)</b>	Will Judd	william.a.judd@gmail.com
Assistant Chief Judge (ACJ)	Kimber Guzik	klguzik@gmail.com
Assistant Chief Judge (ACJ)	Iain Searle	iain_searle@yahoo.com
<b>Administrative Referee</b>	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee	Angela Cardenas	ajcardenas@comcast.net

## 2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 10/24/24)

### DECEMBER 6-8, 2024, ZONE 1S - WINTER AGE GROUP CHAMPIONSHIPS (Morgan Hill, CA)

<b>Head Ref</b>	Mette Graversen	m.graversen@comcast.net
<b>Head Starter</b>	Kian Tavakoli	kiant2010@gmail.com
Starter	Thierry Foucu	tfoucu@gmail.com
Starter	Sylvain Flamant	sflamant@gmail.com
Starter	Eric Fetterman	erfman08@gmail.com
Deck Ref	Trevor Gillis	trevordgillis@att.net
Deck Ref	Phil Grant	pgrant@pacswim.org
Deck Ref	Mike Piccardo (TBD on location)	mpiccardo@pacswim.org
Deck Ref	Brett Shaug	bshaug67@yahoo.com
<b>Chief Judge (CJ)</b>	Mike Flegel	mpflegel@comcast.net
Assistant Chief Judge (ACJ)	Amer Mirza	amer_sonia@msn.com
Assistant Chief Judge (ACJ)	Sooketoo Bhuta	sooketoo@gmail.com
Assistant Chief Judge (ACJ)	Kimber Guzik	klguzik@gmail.com
Assistant Chief Judge (ACJ)	Jeff Hu	hu_jeff@hotmail.com
Assistant Chief Judge (ACJ)	Bob Armbruster	bob_armbruster@comcast.net
<b>Administrative Referee</b>	Sachi Kuwano	sitow@hotmail.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee	Ross Wilper (Fri, Sat only)	rwilper@gmail.com
Assistant Administrative Referee	Desmond Tsai	tranngoc_nguyen@hotmail.com
Assistant Administrative Referee	Marie Lin	marieklin@gmail.com

### DECEMBER 13-15, 2024, **HOST TBD** - SENIOR 2 TRIALS & FINALS

<b>Head Ref</b>	Charlie Gonzales	chgonzales@yahoo.com
<b>Head Starter</b>	Bob Armbruster	bob_armbruster@comcast.net
Starter		
Starter		
Starter		
Deck Ref		
Deck Ref		
Deck Ref		
Deck Ref		
<b>Chief Judge (CJ)</b>		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee		
Assistant Administrative Referee		
Assistant Administrative Referee		

## 2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 10/24/24)

### JANUARY 25-26, 2025, ORINDA AQUATICS - SENIOR OPEN

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Starter	Will Judd	william.a.judd@gmail.com
Starter	Charlie Gonzales	chgonzales@yahoo.com
Starter	Marie Lin	marieklin@gmail.com
Deck Ref	David Cottam	dvc196@sbcglobal.net
Deck Ref	Kian Tavakoli	kiant2010@gmail.com
Deck Ref	Jay Rowland	jrowland335@gmail.com
Deck Ref	Phil Grant	pgrant@pacswim.org
<b>Chief Judge (CJ)</b>	Kashyab Rengasamy	rakash80@gmail.com
Assistant Chief Judge (ACJ)	Sooketoo Bhuta	sooketoo@gmail.com
Assistant Chief Judge (ACJ)	Bob Armbruster	bob_armbruster@comcast.net
<b>Administrative Referee</b>	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee	Alta Erdenebaatar	alta.erdenebaatar@yahoo.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee	Fred Chin	ftchin@gmail.com

### FEBRUARY 15-16, 2025, QUICKSILVER SWIMMING - SENIOR OPEN TRIALS & FINALS

<b>Head Ref</b>	Jeanette Soe	jgonsoe@yahoo.com
<b>Head Starter</b>	Mike Piccardo	mpiccardo@pacswim.org
Starter	Jeff Raegen	jeff_raegen@hotmail.com
Deck Ref	Stephanie Kuang	skuang168@yahoo.com
Deck Ref	Jay Rowland	jrowland335@gmail.com
<b>Chief Judge (CJ)</b>	Mette Graversen	m.graversen@comcast.net
Assistant Chief Judge (ACJ)	Karyn Kikuta	karynokikuta@gmail.com
Assistant Chief Judge (ACJ)	Sylvain Flamant	sflamant@gmail.com
Assistant Chief Judge (ACJ)	Andy Downs	andy@macdowns.us
<b>Administrative Referee</b>	Mary Ruddell	mary.ruddell@att.net
Assistant Administrative Referee	Mike Flegel	mpflegel@comcast.net
Assistant Administrative Referee	Trevor Gillis	trevordgillis@att.net
Assistant Administrative Referee	Carol Waln	cywaln@pacbell.net

### MARCH 8-9, 2025, **HOST TBD** - SENIOR OPEN

<b>Head Ref</b>	Carol Cottam	sherly51@aol.com
<b>Head Starter</b>	Brett Shaug	bshaug67@yahoo.com
Starter	Desmond Tsai	tranngoc_nguyen@hotmail.com
Deck Ref	David Cottam	dvc196@sbcglobal.net
Deck Ref	Sachi Kuwano	sitow@hotmail.com
<b>Chief Judge (CJ)</b>	Bob Armbruster	bob_armbruster@comcast.net
Assistant Chief Judge (ACJ)	Sooketoo Bhuta	sooketoo@gmail.com
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee		
Assistant Administrative Referee		

## 2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 10/24/24)

### MARCH 14-16, 2025, PLEASANTON SEAHAWKS - SPRING AGE GROUP CHAMPIONSHIPS

<b>Head Ref</b>	Mike Piccardo	mpiccardo@pacswim.org
<b>Head Starter</b>	Mette Graversen	m.graversen@comcast.net
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Starter	Marie Lin	marieklin@gmail.com
Starter	Kian Tavakoli	kiant2010@gmail.com
Deck Ref	Trevor Gillis	trevordgillis@att.net
Deck Ref	Paul Reidl	reidl@sbcglobal.net
Deck Ref	Phil Grant	pgrant@pacswim.org
Deck Ref	Katherine Ng-Suen	beautykath@yahoo.com
<b>Chief Judge (CJ)</b>	Jeff Raegen	jeff_raegen@hotmail.com
Assistant Chief Judge (ACJ)	Vijay Palaniappan	vijayarumugam.palaniappan@gmail.com
Assistant Chief Judge (ACJ)	Amer Mirza	amer_sonia@msn.com
Assistant Chief Judge (ACJ)	Sooketoo Bhata	sirikitespinomd@gmail.com
Assistant Chief Judge (ACJ)	Kimber Guzik	klguzik@gmail.com
Assistant Chief Judge (ACJ)	Khai Vu	tvumd@yahoo.com
<b>Administrative Referee</b>		
Assistant Administrative Referee	Ross Wilper	rwilper@gmail.com
Assistant Administrative Referee	Carol Cottam	sherly51@aol.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com

### APRIL 3-6, 2025, PLEASANTON SEAHAWKS - SCY FAR WESTERNS - **OQM**

<b>Head Ref</b>	Mike Davis	mekidadad1@yahoo.com
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Starter	Thierry Foucu	tfoucu@gmail.com
Starter	Mike Piccardo	mpiccardo@pacswim.org
Starter	Irene Alameida	i.l.alameida@comcast.net
Starter	Iain Searle	iain_searle@yahoo.com
Deck Ref	Katherine Ng-Suen	beautykath@yahoo.com
Deck Ref	Jeanette Soe	jgonsoe@yahoo.com
Deck Ref	Mette Graversen	m.graversen@comcast.net
Deck Ref	Brett Shaug	bshaug67@yahoo.com
Deck Ref	Andy Downs	andy@macdowns.us
Deck Ref		
<b>Chief Judge (CJ)</b>	Trevor Gillis	trevordgillis@att.net
Assistant Chief Judge (ACJ)	Vijay Palaniappan	vijayarumugam.palaniappan@gmail.com
Assistant Chief Judge (ACJ)	Karyn Kikuta	karynokikuta@gmail.com
Assistant Chief Judge (ACJ)	Kimber Guzik	klguzik@gmail.com
Assistant Chief Judge (ACJ)	Mike Abegg	mikeabegg@me.com
Assistant Chief Judge (ACJ)	Amer Mirza	amer_sonia@msn.com
<b>Administrative Referee</b>	Mary Ruddell	mary.ruddell@att.net
Assistant Administrative Referee	Debbi Tucker	dtucker@pacswim.org
Assistant Administrative Referee	Sachi Kuwano	sitow@hotmail.com
Assistant Administrative Referee	Ross Wilper	rwilper@gmail.com
Assistant Administrative Referee	Mike Flegel	mpflegel@comcast.net

## 2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 10/24/24)

### APRIL 12-13, 2025, **SITE TBD** - LCM SENIOR OPEN

**Head Ref**

**Head Starter**

Starter

Deck Ref Desmond Tsai tranngoc\_nguyen@hotmail.com

Deck Ref Paul Reidl reidl@sbcglobal.net

**Chief Judge (CJ)**

Assistant Chief Judge (ACJ) Sooketoo Bhuta sooketoo@gmail.com

Assistant Chief Judge (ACJ)

**Administrative Referee**

Assistant Administrative Referee

### APRIL 26, 2025, SUNN SWIMMING - 10 & UNDER SCY CHAMPIONSHIPS

**Head Ref** Karyn Kikuta karynokikuta@gmail.com

**Head Starter** Trevor Gillis trevordgillis@att.net

Starter Katherine Ng-Suen beautykath@yahoo.com

Deck Ref Sylvain Flamant sflamant@gmail.com

Deck Ref Brian Floyd bhfloyd@yahoo.com

**Chief Judge (CJ)** Fred Chin ftchin@gmail.com

Assistant Chief Judge (ACJ) Amer Mirza amer\_sonia@msn.com

Assistant Chief Judge (ACJ) Jeff Hu hu\_jeff@hotmail.com

**Administrative Referee** Carol Waln cywaln@pacbell.net

Assistant Administrative Referee

### MAY 11, 2025, **SITE TBD** - POST-NCS SENIOR MEET

**Head Ref** Carol Cottam sherly51@aol.com

**Head Starter**

Starter

Starter

Deck Ref David Cottam dvc196@sbcglobal.net

Deck Ref

Deck Ref

**Chief Judge (CJ)**

Assistant Chief Judge (ACJ)

Assistant Chief Judge (ACJ)

**Administrative Referee**

Assistant Administrative Referee

## 2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 10/24/24)

### MAY 11, 2025, **SITE TBD** - POST-CCS SENIOR WALK-ON MEET

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Deck Ref	Jeff Raegen	jeff_raegen@hotmail.com
Deck Ref	Trevor Gillis	trevordgillis@att.net
<b>Chief Judge (CJ)</b>	Mike Piccardo	mpiccardo@pacswim.org
Assistant Chief Judge (ACJ)	Fred Chin	ftchin@gmail.com
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>	Sachi Kuwano	sitow@hotmail.com
Assistant Administrative Referee	Sunil Shanker	sshanker@gmail.com
Assistant Administrative Referee		

### MAY 11, 2025, **SITE TBD** - POST-NIAA SENIOR WALK-ON MEET

<b>Head Ref</b>		
<b>Head Starter</b>		
Starter		
Deck Ref		
Deck Ref		
<b>Chief Judge (CJ)</b>		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>		
Assistant Administrative Referee		

### MAY 18, 2024, **ZONE ALL-STAR MEET - ZONE 1N**

<b>Head Ref</b>	Charlie Gonzales	chgonzales@yahoo.com
<b>Head Starter</b>	Sylvain Flamant	sflamant@gmail.com
Starter	Brian Floyd	bhfloyd@yahoo.com
Deck Ref	Stephanie Kuang	skuang168@yahoo.com
Deck Ref	Carol Waln	cywaln@pacbell.net
<b>Chief Judge (CJ)</b>	Katherine Ng-Suen	beautykath@yahoo.com
Assistant Chief Judge (ACJ)	Amer Mirza	amer_sonia@msn.com
Assistant Chief Judge (ACJ)	Khai Vu	tvumd@yahoo.com
<b>Administrative Referee</b>	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee	Debbi Tucker	dtucker@pacswim.org

## 2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 10/24/24)

### JUNE 7-8, 2025, SITE TBD - LCM SENIOR OPEN

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<b>Head Starter</b>		
Starter		
Deck Ref	Sachi Kuwano	sitow@hotmail.com
Deck Ref	Paul Reidl	reidl@sbcglobal.net
<b>Chief Judge (CJ)</b>		
Assistant Chief Judge (ACJ)	Sooketoo Bhuta	sooketoo@gmail.com
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee		

### JUNE 28-29, 2025, WALNUT CREEK AQUABEARS - LCM SENIOR OPEN

<b>Head Ref</b>	Mary Ruddell	mary.ruddell@att.net
<b>Head Starter</b>	Leo Lin	llin@pacswim.org
Starter	Marie Lin	marieklin@gmail.com
Deck Ref	Charlie Gonzales	chgonzales@yahoo.com
Deck Ref	David Cottam	dvc196@sbcglobal.net
<b>Chief Judge (CJ)</b>	Iain Searle	iain_searle@yahoo.com
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>	Carol Cottam	sherly51@aol.com
Assistant Administrative Referee	Amy Gonzales	chgaagerg@yahoo.com

### JULY 11-13, 2025, NEPTUNE SWIMMING - LCM SUMMER AGE GROUP CHAMPIONSHIPS

<b>Head Ref</b>	Phil Grant	pgrant@pacswim.org
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Starter	Trevor Gillis	trevordgillis@att.net
Starter	Mette Graversen	m.graversen@comcast.net
Starter	Irene Alameida	i.l.alameida@comcast.net
Deck Ref	Jeff Raegen	jeff_raegen@hotmail.com
Deck Ref	Andy Downs	andy@macdowns.us
Deck Ref	Kian Tavakoli	kiant2010@gmail.com
Deck Ref	Bill Sargis	mechanix30@sbcglobal.net
<b>Chief Judge (CJ)</b>	Mike Flegel	mpflegel@comcast.net
Assistant Chief Judge (ACJ)	Fred Chin	ftchin@gmail.com
Assistant Chief Judge (ACJ)	Iain Searle	iain_searle@yahoo.com
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>	Debbi Tucker	dtucker@pacswim.org
Assistant Administrative Referee	Karyn Kikuta	karynokikuta@gmail.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee	Curtiss Kikuta	ckikuta@att.net

## 2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 10/24/24)

### JULY 18-20, 2025, **SITE TBD** - LCM SENIOR 2 TRIALS & FINALS

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Starter		
Starter		
Deck Ref	Paul Reidl	reidl@sbcglobal.net
Deck Ref		
<b>Chief Judge (CJ)</b>		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee		

### JULY 31 - AUGUST 3, 2025, SANTA CLARA SWIM CLUB - LCM FAR WESTERNS

<b>Head Ref</b>	Phil Grant	pgrant@pacswim.org
<b>Head Starter</b>	Jeff Raegen	jeff_raegen@hotmail.com
Starter	Karyn Kikuta	karynokikuta@gmail.com
Starter	Fred Chin	ftchin@gmail.com
Starter	Iain Searle	iain_searle@yahoo.com
Deck Ref	Mike Piccardo (no Sun.)	mpiccardo@pacswim.org
Deck Ref	Trevor Gillis	trevordgillis@att.net
Deck Ref	Brett Shaug	bshaug67@yahoo.com
Deck Ref	Irene Alameida	i.l.alameida@comcast.net
<b>Chief Judge (CJ)</b>	Sarah Obbagy	sobbagy@pacswim.org
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
<b>Administrative Referee</b>	Debbi Tucker	dtucker@pacswim.org
Assistant Administrative Referee	Ross Wilper	rwilper@gmail.com
Assistant Administrative Referee	Thierry Foucu	tfoucu@gmail.com
Assistant Administrative Referee	Sachi Kuwano	sitow@hotmail.com
Assistant Administrative Referee	Angela Cardenas	ajcardenas@comcast.net