

2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 11/25/24)

DECEMBER 6-8, 2024, ZONE 1S - WINTER AGE GROUP CHAMPIONSHIPS (Morgan Hill, CA)

Head Ref	Mette Graversen	m.graversen@comcast.net
Head Starter	Kian Tavakoli	kiant2010@gmail.com
Starter	Thierry Foucu	tfoucu@gmail.com
Starter	Sylvain Flamant	sflamant@gmail.com
Starter	Eric Fetterman	erfman08@gmail.com
Deck Ref	Trevor Gillis	trevordgillis@att.net
Deck Ref	Phil Grant	pgrant@pacswim.org
Deck Ref	Mike Piccardo (TBD on location)	mpiccardo@pacswim.org
Deck Ref	Brett Shaug	bshaug67@yahoo.com
Chief Judge (CJ)	Mike Flegel	mpflegel@comcast.net
Assistant Chief Judge (ACJ)	Amer Mirza	amer_sonia@msn.com
Assistant Chief Judge (ACJ)	Sooketoo Bhuta	sooketoo@gmail.com
Assistant Chief Judge (ACJ)	Kimber Guzik	klguzik@gmail.com
Assistant Chief Judge (ACJ)	Jeff Hu	hu_jeff@hotmail.com
Assistant Chief Judge (ACJ)	Kashyab Rengasamy	rakash80@gmail.com
Administrative Referee	Sachi Kuwano	sitow@hotmail.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee	Ross Wilper (Fri, Sat only)	rwilper@gmail.com
Assistant Administrative Referee	Desmond Tsai	tranngoc_nguyen@hotmail.com
Assistant Administrative Referee	Marie Lin	marieklin@gmail.com

DECEMBER 13-15, 2024, **HOST TBD** - SENIOR 2 TRIALS & FINALS

Head Ref	Charlie Gonzales	chgonzales@yahoo.com
Head Starter	Bob Armbruster	bob_armbruster@comcast.net
Starter		
Starter		
Starter		
Deck Ref		
Deck Ref		
Deck Ref		
Deck Ref		
Chief Judge (CJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Administrative Referee	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee		
Assistant Administrative Referee		
Assistant Administrative Referee		

2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 11/25/24)

JANUARY 25-26, 2025, ORINDA AQUATICS - SENIOR OPEN

Head Ref	Carol Cottam	sherly51@aol.com
Head Starter	Mary Ruddell	mary.ruddell@att.net
Starter	Will Judd	william.a.judd@gmail.com
Starter	Charlie Gonzales	chgonzales@yahoo.com
Starter	Marie Lin	marieklin@gmail.com
Deck Ref	David Cottam	dvc196@sbcglobal.net
Deck Ref	Kian Tavakoli	kiant2010@gmail.com
Deck Ref	Jay Rowland	jrowland335@gmail.com
Deck Ref	Phil Grant	pgrant@pacswim.org
Chief Judge (CJ)	Kashyab Rengasamy	rakash80@gmail.com
Assistant Chief Judge (ACJ)	Sooketoo Bhuta	sooketoo@gmail.com
Assistant Chief Judge (ACJ)	Bob Armbruster	bob_armbruster@comcast.net
Administrative Referee	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee	Alta Erdenebaatar	alta.erdenebaatar@yahoo.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee	Fred Chin	ftchin@gmail.com

FEBRUARY 15-16, 2025, QUICKSILVER SWIMMING - SENIOR OPEN TRIALS & FINALS

Head Ref	Jeanette Soe	jgonsoe@yahoo.com
Head Starter	Mike Piccardo	mpiccardo@pacswim.org
Starter	Jeff Raegen	jeff_raegen@hotmail.com
Deck Ref	Stephanie Kuang	skuang168@yahoo.com
Deck Ref	Jay Rowland	jrowland335@gmail.com
Chief Judge (CJ)	Mette Graversen	m.graversen@comcast.net
Assistant Chief Judge (ACJ)	Karyn Kikuta	karynokikuta@gmail.com
Assistant Chief Judge (ACJ)	Sylvain Flamant	sflamant@gmail.com
Assistant Chief Judge (ACJ)	Andy Downs	andy@macdowns.us
Administrative Referee	Mary Ruddell	mary.ruddell@att.net
Assistant Administrative Referee	Mike Flegel	mpflegel@comcast.net
Assistant Administrative Referee	Trevor Gillis	trevordgillis@att.net
Assistant Administrative Referee	Carol Waln	cywaln@pacbell.net

MARCH 8-9, 2025, **HOST TBD** - SENIOR OPEN

Head Ref	Carol Cottam	sherly51@aol.com
Head Starter	Brett Shaug	bshaug67@yahoo.com
Starter	Desmond Tsai	tranngoc_nguyen@hotmail.com
Deck Ref	David Cottam	dvc196@sbcglobal.net
Deck Ref	Sachi Kuwano	sitow@hotmail.com
Chief Judge (CJ)	Bob Armbruster	bob_armbruster@comcast.net
Assistant Chief Judge (ACJ)	Sooketoo Bhuta	sooketoo@gmail.com
Assistant Chief Judge (ACJ)	Kashyab Rengasamy	rakash80@gmail.com
Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee		
Assistant Administrative Referee		

2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 11/25/24)

MARCH 14-16, 2025, PLEASANTON SEAHAWKS - SPRING AGE GROUP CHAMPIONSHIPS

Head Ref	Mike Piccardo	mpiccardo@pacswim.org
Head Starter	Mette Graversen	m.graversen@comcast.net
Starter	Debbi Tucker	dtucker@pacswim.org
Starter	Marie Lin	marieklin@gmail.com
Starter	Kian Tavakoli	kiant2010@gmail.com
Deck Ref	Trevor Gillis	trevordgillis@att.net
Deck Ref	Paul Reidl	reidl@sbcglobal.net
Deck Ref	Phil Grant	pgrant@pacswim.org
Deck Ref	Katherine Ng-Suen	beautykath@yahoo.com
Chief Judge (CJ)	Jeff Raegen	jeff_raegen@hotmail.com
Assistant Chief Judge (ACJ)	Vijay Palaniappan	vijayarumugam.palaniappan@gmail.com
Assistant Chief Judge (ACJ)	Amer Mirza	amer_sonia@msn.com
Assistant Chief Judge (ACJ)	Sooketoo Bhata	sirikitespinomd@gmail.com
Assistant Chief Judge (ACJ)	Kimber Guzik	klguzik@gmail.com
Assistant Chief Judge (ACJ)	Khai Vu	tvumd@yahoo.com
Administrative Referee		
Assistant Administrative Referee	Ross Wilper	rwilper@gmail.com
Assistant Administrative Referee	Carol Cottam	sherly51@aol.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com

APRIL 3-6, 2025, PLEASANTON SEAHAWKS - SCY FAR WESTERNS - **OQM**

Head Ref	Mike Davis	mekidadad1@yahoo.com
Head Starter	Bob Armbruster	bob_armbruster@comcast.net
Starter	Jeff Raegen	jeff_raegen@hotmail.com
Starter	Thierry Foucu	tfoucu@gmail.com
Starter	Eric Perkins	emperkin@gmail.com
Starter	Irene Alameida	i.l.alameida@comcast.net
Starter	Iain Searle	iain_searle@yahoo.com
Deck Ref	Katherine Ng-Suen	beautykath@yahoo.com
Deck Ref	Jeanette Soe	jgonsoe@yahoo.com
Deck Ref	Mette Graversen	m.graversen@comcast.net
Deck Ref	Brett Shaug	bshaug67@yahoo.com
Deck Ref	Andy Downs	andy@macdowns.us
Deck Ref	Stephanie Kuang	skuang168@yahoo.com
Deck Ref	Mike Piccardo	mpiccardo@pacswim.org
Chief Judge (CJ)	Trevor Gillis	trevordgillis@att.net
Assistant Chief Judge (ACJ)	Vijay Palaniappan	vijayarumugam.palaniappan@gmail.com
Assistant Chief Judge (ACJ)	Karyn Kikuta	karynokikuta@gmail.com
Assistant Chief Judge (ACJ)	Kashyab Rengasamy	rakash80@gmail.com
Assistant Chief Judge (ACJ)	Mike Abegg	mikeabegg@me.com
Assistant Chief Judge (ACJ)	Amer Mirza	amer_sonia@msn.com
Administrative Referee	Mary Ruddell	mary.ruddell@att.net
Assistant Administrative Referee	Debbi Tucker	dtucker@pacswim.org
Assistant Administrative Referee	Sachi Kuwano	sitow@hotmail.com
Assistant Administrative Referee	Ross Wilper	rwilper@gmail.com
Assistant Administrative Referee	Mike Flegel	mpflegel@comcast.net

2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 11/25/24)

APRIL 26-27, 2025, PLEASANTON SEAHAWKS - LCM SENIOR OPEN

Head Ref

Head Starter

Starter

Deck Ref Desmond Tsai tranngoc_nguyen@hotmail.com

Deck Ref Paul Reidl reidl@sbcglobal.net

Chief Judge (CJ)

Assistant Chief Judge (ACJ) Sooketoo Bhuta sooketoo@gmail.com

Assistant Chief Judge (ACJ)

Administrative Referee

Assistant Administrative Referee

APRIL 26, 2025, SUNN SWIMMING - 10 & UNDER SCY CHAMPIONSHIPS

Head Ref Karyn Kikuta karynokikuta@gmail.com

Head Starter Trevor Gillis trevordgillis@att.net

Starter Katherine Ng-Suen beautykath@yahoo.com

Deck Ref Sylvain Flamant sflamant@gmail.com

Deck Ref Brian Floyd bhfloyd@yahoo.com

Chief Judge (CJ) Fred Chin ftchin@gmail.com

Assistant Chief Judge (ACJ) Amer Mirza amer_sonia@msn.com

Assistant Chief Judge (ACJ) Jeff Hu hu_jeff@hotmail.com

Administrative Referee Carol Waln cywaln@pacbell.net

Assistant Administrative Referee

MAY 11, 2025, **SITE TBD** - POST-NCS SENIOR MEET

Head Ref Carol Cottam sherly51@aol.com

Head Starter

Starter

Starter

Deck Ref David Cottam dvc196@sbcglobal.net

Deck Ref

Deck Ref

Chief Judge (CJ)

Assistant Chief Judge (ACJ)

Assistant Chief Judge (ACJ)

Administrative Referee

Assistant Administrative Referee

2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 11/25/24)

MAY 11, 2025, **SITE TBD** - POST-CCS SENIOR WALK-ON MEET

Head Ref	Brett Shaug	bshaug67@yahoo.com
Head Starter	Thierry Foucu	tfoucu@gmail.com
Starter	Karyn Kikuta	karynokikuta@gmail.com
Deck Ref	Jeff Raegen	jeff_raegen@hotmail.com
Deck Ref	Trevor Gillis	trevordgillis@att.net
Chief Judge (CJ)	Mike Piccardo	mpiccardo@pacswim.org
Assistant Chief Judge (ACJ)	Fred Chin	ftchin@gmail.com
Assistant Chief Judge (ACJ)		
Administrative Referee	Sachi Kuwano	sitow@hotmail.com
Assistant Administrative Referee	Sunil Shanker	sshanker@gmail.com
Assistant Administrative Referee		

MAY 11, 2025, **SITE TBD** - POST-NIAA SENIOR WALK-ON MEET

Head Ref		
Head Starter		
Starter		
Deck Ref		
Deck Ref		
Chief Judge (CJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Administrative Referee		
Assistant Administrative Referee		

MAY 18, 2024, **ZONE ALL-STAR MEET - ZONE 1N**

Head Ref	Charlie Gonzales	chgonzales@yahoo.com
Head Starter	Sylvain Flamant	sflamant@gmail.com
Starter	Brian Floyd	bhfloyd@yahoo.com
Deck Ref	Stephanie Kuang	skuang168@yahoo.com
Deck Ref	Carol Waln	cywaln@pacbell.net
Chief Judge (CJ)	Katherine Ng-Suen	beautykath@yahoo.com
Assistant Chief Judge (ACJ)	Amer Mirza	amer_sonia@msn.com
Assistant Chief Judge (ACJ)	Khai Vu	tvumd@yahoo.com
Administrative Referee	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee	Debbi Tucker	dtucker@pacswim.org

2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 11/25/24)

JUNE 7-8, 2025, **SITE TBD** - LCM SENIOR OPEN

Head Ref	Brett Shaug	bshaug67@yahoo.com
Head Starter		
Starter		
Deck Ref	Sachi Kuwano	sitow@hotmail.com
Deck Ref	Paul Reidl	reidl@sbcglobal.net
Chief Judge (CJ)		
Assistant Chief Judge (ACJ)	Sooketoo Bhuta	sooketoo@gmail.com
Assistant Chief Judge (ACJ)		
Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee		

JUNE 28-29, 2025, WALNUT CREEK AQUABEARS - LCM SENIOR OPEN

Head Ref	Mary Ruddell	mary.ruddell@att.net
Head Starter	Leo Lin	llin@pacswim.org
Starter	Marie Lin	marieklin@gmail.com
Deck Ref	Charlie Gonzales	chgonzales@yahoo.com
Deck Ref	David Cottam	dvc196@sbcglobal.net
Chief Judge (CJ)	Iain Searle	iain_searle@yahoo.com
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Administrative Referee	Carol Cottam	sherly51@aol.com
Assistant Administrative Referee	Amy Gonzales	chgaagerg@yahoo.com

JULY 11-13, 2025, NEPTUNE SWIMMING - LCM SUMMER AGE GROUP CHAMPIONSHIPS

Head Ref	Phil Grant	pgrant@pacswim.org
Head Starter	Sarah Obbagy	sobbagy@pacswim.org
Starter	Trevor Gillis	trevordgillis@att.net
Starter	Mette Graversen	m.graversen@comcast.net
Starter	Irene Alameida	i.l.alameida@comcast.net
Deck Ref	Jeff Raegen	jeff_raegen@hotmail.com
Deck Ref	Andy Downs	andy@macdowns.us
Deck Ref	Kian Tavakoli	kiant2010@gmail.com
Deck Ref	Bill Sargis	mechanix30@sbcglobal.net
Chief Judge (CJ)	Mike Flegel	mpflegel@comcast.net
Assistant Chief Judge (ACJ)	Fred Chin	ftchin@gmail.com
Assistant Chief Judge (ACJ)	Iain Searle	iain_searle@yahoo.com
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Administrative Referee	Debbi Tucker	dtucker@pacswim.org
Assistant Administrative Referee	Karyn Kikuta	karynokikuta@gmail.com
Assistant Administrative Referee	Mike Abegg	mikeabegg@me.com
Assistant Administrative Referee	Curtiss Kikuta	ckikuta@att.net

2024-25 PACIFIC SWIMMING LSC MEET SCHEDULE (Updated 11/25/24)

JULY 18-20, 2025, **SITE TBD** - LCM SENIOR 2 TRIALS & FINALS

Head Ref	Charlie Gonzales	chgonzales@yahoo.com
Head Starter		
Starter		
Starter		
Deck Ref	Paul Reidl	reidl@sbcglobal.net
Deck Ref		
Chief Judge (CJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Administrative Referee	Amy Gonzales	chgaagerg@yahoo.com
Assistant Administrative Referee		

JULY 31 - AUGUST 3, 2025, SANTA CLARA SWIM CLUB - LCM FAR WESTERNS

Head Ref	Phil Grant	pgrant@pacswim.org
Head Starter	Jeff Raegen	jeff_raegen@hotmail.com
Starter	Karyn Kikuta	karynokikuta@gmail.com
Starter	Fred Chin	ftchin@gmail.com
Starter	Iain Searle	iain_searle@yahoo.com
Deck Ref	Mike Piccardo (no Sun.)	mpiccardo@pacswim.org
Deck Ref	Trevor Gillis	trevordgillis@att.net
Deck Ref	Brett Shaug	bshaug67@yahoo.com
Deck Ref	Irene Alameida	i.l.alameida@comcast.net
Chief Judge (CJ)	Sarah Obbagy	sobbagy@pacswim.org
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Assistant Chief Judge (ACJ)		
Administrative Referee	Debbi Tucker	dtucker@pacswim.org
Assistant Administrative Referee	Ross Wilper	rwilper@gmail.com
Assistant Administrative Referee	Thierry Foucu	tfoucu@gmail.com
Assistant Administrative Referee	Sachi Kuwano	sitow@hotmail.com
Assistant Administrative Referee	Angela Cardenas	ajcardenas@comcast.net