

PACIFIC SWIMMING SHORT COURSE WINTER AGE GROUP CHAMPIONSHIPS
HOSTED BY ZONE 1 SOUTH at the MORGAN HILL DENNIS KENNEDY AQUATIC CENTER
DECEMBER 6-8th 2024



Enter Online: <http://ome.fastswims.com>

SANCTION: Held under USA/Pacific Swimming Sanction No. **24-137**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Mette Graversen	Head Starter: Kian Tavakoli
Meet Marshal: Michael Piccardo	Admin Official: Sachi Kuwano
Meet Director: Michael Greymont – mgreymont@mhgcg.com 408-891-2948	

CERTIFICATION MEET: Officials wishing to be evaluated must apply to Michael Davis (mekidadad1@yahoo.com) before the meet by email or when they first arrive at the meet and attend pre-session meetings. Please send in your application prior to the meet by email. We may not be able to accommodate applications submitted at the meet due to resource limitations. Briefing will occur one hour before the start of both Preliminaries and Finals. Officials' dress for Finals is white polo shirts/blouse, blue long pants or skirts, and closed-toed white athletic shoes. For an N3 evaluation to be valid, it must be done over 4 sessions in the position. N2 evaluations must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions. However, the official must work at least 4 sessions at the meet for advancement or recertification evaluation(s) to be valid. The application form can be found on the Pacific Swimming website.

All officials should be certified for their positions to officiate at this meet. For officials certified less than a year having the recommendations (in writing) to work their positions by their Zone Official's Chair may be accepted to officiate.

LOCATION: Morgan Hill Dennis Kennedy Aquatics Center – 16200 Condit Road, Morgan Hill, CA 95037

DIRECTIONS: From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile.

From Northbound Highway 101: take Tennant Avenue exit, go right and make an immediate left onto Condit Road. Pool is on right.

Parking: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the North side of the facility. Do not park at the House of Thunder Harley Davidson Dealership or the 5th Element Fitness. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents, the City of Morgan Hill, The Morgan Hill Aquatics Center, the Zone 1 South, nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings.

Officials Parking is in the lot directly in front of the competition gates, adjacent to Condit Road.

COURSE: Outdoor 25 yard pool with up to 16 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition in a separate pool. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'00" at the start end and 13'00" at the turn end. The meet host shall ensure required course dimensions.

TIME: Meet shall begin at the following times:

The meet shall begin at 5:00pm on Friday with warm-ups from 3:30pm - 4:45pm. Friday events shall be timed finals.

The meet shall begin at 9.00am Saturday and Sunday with warm-ups from 7.30am - 8:45am. Saturday and Sunday events shall be prelims and finals. The finals session on Saturday and Sunday shall begin no later than 4:00pm but not less than one hour after the conclusion of the preliminary sessions OR immediately after the distance events (whichever ends last). Times for warm-ups and competition will be announced.

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are preliminaries and finals (Exception – all of Friday's events as well as the 1650 Freestyle events Sat. & Sun.)
- All preliminary events shall swim fast to slow with the first three heats circle seeded.
- Athletes may compete in a maximum of individual 3 events per day and a maximum of seven 7 individual events, plus relays for the entire meet.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
- All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.
- Prelims will be swim as combined age groups 10&U, 11-12 & 13-14 in preliminary heats
- Championship Finals Only with the top 10 Athletes in 10&U, 11's, 12's, 13's and 14's year olds qualifying for each final.
- Medical Supervision is available from lifeguards that are on duty, plus first aid station by check in.

DISTANCE RULES: • The 1650 Freestyle event is timed finals and shall swim after the conclusion of the last prelims event and before the start of the Finals session. All age groups will be combined and shall be seeded fast to slow. Athletes in these events shall provide their own timers and lap counters. If local conditions warrant, genders may be combined in one course, alternating heats of girls and boys. Check-in for the 1650 Freestyle will close at 11:00 a.m. on the day the event is swum. Athletes may check-in early on the designated 1650 Freestyle check-in sheets at the check-in desk.

- Athletes can qualify for the 1650 Freestyle with a 1650 SCY, 1500 LCM, 1500 SCM, 1000 SCY, 800 LCM, or 800 SCM qualifying time. The 1650 will be seeded in the following order: 1650 SCY, 1500 LCM, 1500 SCM, 1000 SCY, 800 LCM, and 800 SCM. Athletes must provide their own timers and lap counters for the 500 Free and the 1650 Free.
- Athletes shall provide their own timers and lap counters for the 500 Free and 1650 Free.

BONUS EVENTS: Athletes with at least one (1) Age Group Championships qualifying standard for their age/gender may enter as many bonus events as desired (not exceeding 3 events per day and/or 7 total events for the meet). Athletes entering bonus events should enter using their best official time in each event, please do not enter made up times. **Athletes must have recorded an official time in an event in order to enter as a bonus event.** NT or Coach Verified entry times will NOT be accepted.

RELAYS: All relay events are timed finals and will be swum at the conclusion of the last finals event each day. Relays will be seeded fast to slow. Relay entries must be submitted by the entry deadline. Relay entries will not be accepted without an entry time. No deck entered relays will be allowed. Relay only athletes must be entered on the relay only entry list prior to the entry deadline (either online, via mail or via email: mgreymont@mhgcg.com to be eligible to swim on relays. Clubs may enter a maximum of two (2) relays per event. Mixed Gender Relays: must consist of two (2) female and two (2) male Athletes.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet shall be accompanied by a USA Swimming Member-Coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes shall be certified by a USA Swimming member-coach as being proficient in performing a racing start or shall start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured. Do not use stakes in the grass areas, as there is irrigation that gets damaged.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

ELIGIBILITY:

- Athletes shall be current members of USA Swimming and shall enter their name and registration number on their entries exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Meet is open to Pacific Swimming Athletes only.
- Athletes shall have met the "AGC" time standard in at least one entered event.
- Athlete's entering bonus events shall have recorded an official time in each bonus event entered.
- Entries with "NO TIME" shall be rejected.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete's age shall be the age of the Athlete on the first day of the meet.

PROOF OF TIME: Proof of time shall be required for this meet per Pacific Swimming rule Section 4.C.2. All entry times will be verified against the USA Swimming SWIMS database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Entry times must have been achieved prior to the closing date of entries for the meet Wednesday, November 27th, 2024. If a time cannot be proven prior to the meet, the Athlete shall not be allowed to check-in for the event until the entry time has been proven. When possible, the Coaches shall be notified of the Athletes who have not proven their entry time. No refunds shall be given if a time cannot be proven.

ENTRY FEES: \$8.00 per individual event, \$10.00 participation fee per Athlete, plus a \$20.00 facility surcharge per Athlete. \$20.00 per relay. **Note, relay only Athletes ARE NOT required to pay the participation/facility fees. All entry fees SHALL be included with entry. No refunds shall be made, except mandatory scratch downs.

ONLINE ENTRIES: <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not wish to pay the service fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Wednesday, November 27th, 2024.

MAILED ENTRIES: Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with Athlete's best time. Entries shall be postmarked by midnight, Monday, November 25th, 2024. No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope. Hand delivered entries shall not be accepted.

Make check payable to: Zone 1 South

Mail entries to: Zone 1 South

**Attn: Michael Greymont – Meet Director
409 Tennant Ave STE 423
Morgan Hill, CA 95037**

SEEDING: Event seeding shall be in the following order: conforming short course yards, non-conforming long course meters, and non-conforming short course meters- USA Swimming rules 207.11.7B. See Distance Rules for distance events seeding.

CHECK-IN: The meet shall be deck seeded. Athletes shall check-in at the Clerk of Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for remaining events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in shall not be allowed to compete in the event.

SCRATCHES:

- Pacific Swimming scratch rules shall be enforced. A copy shall be posted at the clerk-of-course.
- Athletes entered in a preliminary individual event in a Preliminaries and Finals meet that is deck seeded who have checked in for that event, shall compete in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to compete in an event shall result in being barred from their next preliminary individual event.
- Any Athlete qualifying for finals in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that may not intend to compete in finals. In this case, they shall declare their final intention within 30 minutes after the announcement of qualifiers following their individual preliminary event.
- Any Athlete qualifying for finals in an individual event who fails to report to the blocks in said final race prior to calling the alternate shall be barred from the remainder of any final events for that day. Should the Athlete have no additional final events for that day they will be barred from their next preliminary event.
- If the No-Show occurs on the last day that the Athlete is entered in an individual final event in the meet, and no other individual event penalty is applicable, the Athlete shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment

AWARDS: Individual Events: Medals 1st – 3rd; Ribbons 4th – 10th Relay Events: Medals 1st - 3rd; Individual High Point: Distinctive awards for high point male and female for ages 10& Under, 11, 12, 13, 14.

SCORING:

	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
Individual Events	11	9	8	7	6	5	4	3	2	1
Relay Events	22	18	16	14	12	10	8	6	4	2

ADMISSION: Free. A 2.5-day meet program will be available for a \$5.00 fee. Those that get a meet program shall receive a copy of the finals program.

SNACK BAR: A snack bar and or coffee vendor and food trucks will be available during the preliminaries.

HOSPITALITY: Lunch and limited hospitality will be available to all working Officials and Coaches.

MISCELLANEOUS: No overnight parking is allowed at the facility. Visit Morgan Hill will have hotel room rates for the local hotels in the vicinity of the pool <https://visitmorganhill.org>

EVENT SUMMARY:

<i>Friday, December 6th, 2024</i>		
10 & under	11-12	13-14
500 FREE	500 FREE	500 FREE
200 IM	400 IM	400 IM

<i>Saturday, December 7th, 2024</i>		
10 & under	11-12	13-14
200 FREE	200 BACK	200 BACK
50 BACK	200 FREE	200 FREE
100 IM	50 BACK	200 BREAST
100 FLY	200 BREAST	100 FLY
50 BREAST	100 IM	1650 FREE (GIRLS)
	100 FLY	
	50 BREAST	
	1650 FREE (GIRLS)	

<i>Sunday, December 8th, 2024</i>		
10 & under	11-12	13-14
100 FREE	200 IM	200 IM
50 FLY	100 FREE	100 FREE
100 BREAST	50 FLY	100 BREAST
100 BACK	100 BREAST	200 FLY
50 FREE	200 FLY	100 BACK
	100 BACK	50 FREE
	50 FREE	1650 FREE (BOYS)
	1650 FREE (BOYS)	

*1650 Freestyle event shall swim after the conclusion of the last trial event and before the start of the finals session.
 Athletes in these events shall provide their own timers and lap counters.

Events will be swum by age group during prelims and separated out to single age during finals.

EVENT SUMMARY

FRIDAY, – ALL TIMED FINALS

GIRLS	EVENT	BOYS
1	10&U 500 Free*	2
3	11-12 500 Free*	4
5	13-14 500 Free*	6
7	10&U 200 IM	8
9	11-12 400 IM	10
11	13-14 400 IM	12
13	10&U Mixed 200 Medley Relay	
15	11-12 Mixed 200 Medley Relay	
17	13-14 Mixed 200 Medley Relay	
19	10&U Mixed 200 Free Relay	
21	11-12 Mixed 200 Free Relay	
23	13-14 Mixed 200 Free Relay	

***Mixed Gender Relays – must consist of two (2) female and two (2) male athletes
Athletes must provide their own counters and timers for the indicated events (*)**

SATURDAY – TRIALS/FINALS

GIRLS	EVENTS	BOYS
25	11-12 200 Back	26
27	13-14 200 Back	28
29	10&U 200 Free	30
31	11-12 200 Free	32
33	13-14 200 Free	34
35	10&U 50 Back	36
37	11-12 50 Back	38
39	13-14 200 Breast	40
41	11-12 200 Breast	42
43	10&U 100 IM	44
45	11-12 100 IM	46
47	13-14 100 Fly	48
49	11-12 100 Fly	50
51	10&U 100 Fly	52
53	11-12 50 Breast	54
55	10&U 50 Breast	56
111	*11-14 1650 Free	
57	13-14 200 Medley Relay	58
59	11-12 200 Medley Relay	60
61	10&U 200 Medley Relay	62

SUNDAY, – TRIALS/FINALS

GIRLS	EVENT	BOYS
63	11-12 200 IM	64
65	13-14 200 IM	66
67	10&U 100 Free	68
69	11-12 100 Free	70
71	13-14 100 Free	72
73	10&U 50 Fly	74
75	11-12 50 Fly	76
77	10&U 100 Breast	78
79	11-12 100 Breast	80
81	13-14 100 Breast	82
83	11-12 200 Fly	84
85	13-14 200 Fly	86
87	10&U 100 Back	88
89	11-12 100 Back	90
91	13-14 100 Back	92
93	10&U 50 Free	94
95	11-12 50 Free	96
97	13-14 50 Free	98
	*11-14 1650 Free	112
99	10&U 200 Free Relay	100
101	11-12 200 Free Relay	102
103	13-14 200 Free Relay	104

*1650 Free events shall swim after the conclusion of the last preliminary event and before the start of the finals sessions.
Athletes in these events shall provide their own timers and lap counters.

Events will be swum by age group designations above during preliminaries and separated into single age during finals.

Time standards are located on the Pacific Swimming website: www.pacswim.org/swim-meet-times/standards

RELAY ENTRY FORM

CLUB				LSC		CLUB ABBREVIATION	
Friday, December 6th, 2024							
GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM	D TEAM
Saturday, December 7th, 2024							
GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM	D TEAM
Sunday, December 8th, 2024							
GENDER	AGE GROUP	EVENT	#	A TEAM	B TEAM	C TEAM	D TEAM
COACH NAME					# RELAYS		
					RELAY	X	\$20.00 EA.
COACH EMAIL					TOTAL	\$	

