

RENO AQUATIC CLUB
PACIFIC SWIMMING POST NIAA WALK ON MEET (SCY)
SUNDAY, MAY 11, 2025
Enter Online: <http://ome.fastswims.com>



SANCTION: Held under USA/Pacific Swimming Sanction No. **25-060**

In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. Covid -19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming Inc., cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID – 19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEE OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORSEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

<i>Meet Referee: Roger Pflieger</i>	<i>Head Starter: Jeremy Murray</i>
<i>Admin Official: Arianne Sorreta</i>	<i>Meet Director: Teri Galvin terigalvin1@gmail.com</i> <i>(775) 848-9487</i>

LOCATION: Moana Springs Community Aquatics and Fitness Center, 240 W. Moana Ln. Reno, NV 89509

DIRECTIONS: From I-580, take the Moana Lane (exit 32) exit and head west for approximately 1.0 mile. After passing the light on Virginia Street, turn left at the light at Baker Lane, then right at the driveway into the Moana Springs Aquatic Center. Park anywhere in the main parking lot.

COURSE: INDOOR 25 YARD pool with up to 6 lanes available for competition and up to 3 lanes for warm-up and warm-down. Colorado Timing System with touchpads and scoreboard will be used. The minimum water depth in the competition course as measured in accordance with Article 103.2.3, is between 7 and 13 feet at the start end and between 7 and 13 feet at the turn end. The meet host shall ensure the required course dimensions.

TIME: Warm-ups in the competition pool will start at 10:00 am and end at 10:45 am. Competition will start at 11:00 am.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

- All events will be timed finals.
- All events will be seeded fastest to slowest. Girls and boys may be seeded together.
- Athletes must provide their own counters for the 500 Free and must provide their own counters and timers for the 1000 free.
- Athletes may compete in a maximum of three (3) events for the meet.
- All athletes must be 13 or older to compete.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- No refunds will be given (other than in the case of a mandatory scratch down).
- **All USA Swimming member Coaches and Deck Officials must wear their USA Swimming membership cards in a visible manner.** Coaches are required to sign in at the meet before the beginning of warm-ups and present their current USA Swimming registration information.
- Red Cross certified lifeguards, backboards, rescue tubes, automated external defibrillator (AED), and minor first aid supplies will be available.

DISTANCE:

- **Per Zone 4 policy, to be eligible to enter the 1000yd freestyle, an athlete must have previously established an official time in an event of 400yd/400m or longer.**
- All athletes entered in the 500yd freestyle must provide their own lap counters. All athletes in the 1000yd freestyle must provide their own timers and lap counters.

ATTENTION HIGH SCHOOL ATHLETES: High school athletes in season may need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. Athletes can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

COACHES AND ATHLETES: Each athlete must be accompanied by a current and valid USA Swimming coach for purposes of supervision during warm-ups, competition, and warm-downs. Each athlete must declare their supervising coach at morning check-in before warming up, or on their deck entry form, or must request and be assigned to a supervising coach before entering the water. Only currently valid USA Swimming coaches supervising athletes are permitted to perform coaching duties on the pool deck.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or spectators are present.
- **The pool deck is restricted to current valid coaches, athletes, working officials and timers.** Spectator seating is available in the bleachers.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and must enter their name and registration number on their entries exactly as they are shown on their USA Swimming Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with **"NO TIME" will be accepted.**
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations per Pacific Swimming policy.
- Athletes shall be age 13 or older. The athlete's age shall be the age of the athlete on the first day of the meet.

ENTRY FEES: **ONLINE** \$30.00 Flat Fee, **WALK-ON (DECK ENTRIES)** \$40.00 Flat Fee. All fees must be received at time of entry. There are NO REFUNDS except in cases of mandatory scratch-downs. Funds may NOT be applied to events other than the events entered.

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. **Please print and bring the entry confirmation email with you as proof of payment.** FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. If you do not wish to pay the service fee, enter the meet using a mail-in entry form or do a deck entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Thursday, May 8, 2025 at 11:59 pm.

DECK ENTRIES: Athletes may enter the meet on deck prior to the meet by turning in a paper entry form and the full payment. Paper entry forms will be available at check-in. We will accept cash or check. Athletes entering on deck must provide proof of current valid USA-S Registration. Make checks for deck entries payable to **RENO AQUATIC CLUB.**

CHECK-IN: This meet will be **deck seeded.** To compete, athletes **must positively check-in** at the Clerk-of-Course for all events that they intend to swim. Timely submission of deck entries at the meet constitutes check-in. Check-in shall be closed no more than 30 minutes before the scheduled start of the session.

SCRATCHES AND NO-SHOWS: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: None

ADMISSION: Free. No programs will be available.

SNACK BAR AND HOSPITALITY: None

OFFICIALS: All available USA Swimming Member Certified Officials are welcomed and encouraged to work at this meet.

ORDER OF EVENTS RENO AQUATIC CLUB WALK ON MEET

GIRLS EVENTS	SUNDAY MAY 11, 2025	BOYS EVENTS
1	500 FREE	2
3	400 IM	4
5	100 FREE	6
7	100 BREAST	8
9	200 BACK	10
11	100 FLY	12
13	200 FREE	14
15	200 IM	16
17	200 BREAST	18
19	100 BACK	20
21	200 FLY	22
23	50 FREE	24
25	1000 Free	26

Hosted by RENO AQUATIC CLUB WALK ON MEET MAY 11, 2025 Consolidated Entry Form													
Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN, etc.)				
USA-#													
Event #	Distance / Stroke					Entry Time			Course				
						: .			SCY				
						: .			SCY				
						: .			SCY				
						: .			SCY				
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Advance Entry Flat Fee \$30.00 or Deck Entry Flat Fee \$40.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													