

2025 Intermountain Classic Swim Meet
HOSTED BY THE CARSON TIGERSHARKS
PACIFIC SWIMMING ZONE 4 LONG COURSE MEET
May 23, 24, & 25, 2025
Enter Online: <http://ome.fastswims.com>



SANCTION: Held under USA/Pacific Swimming Sanction No. **25-046**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The unofficial results of this meet may be posted in real time via the Meet Mobile App.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind or beside the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, restrooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography during the start of a race is prohibited in any location.

MEET PERSONNEL:

Meet Referee:	Nikki Pierce	Head Starter:	Joann Porter
Admin Official:	Arianne Sorreta	Chief Judge:	Jeremy Murray
Meet Marshal:	Cassidy Russell		
Meet Director:	Becki Boehnke; becki@tigersharks.org ; 775-721-6142		

LOCATION: Carson Aquatic Facility, 841 N. Roop St., Carson City, NV 89701

DIRECTIONS: From Business HWY. 395 go two traffic lights east on Hwy. 50 (E. William St.). Turn right on Roop St, and go one block south. Turn left behind the Carson City Community Center. From Reno on Interstate 580, take exit 39. Turn right and travel west approximately 1 mile. Turn left into Mills Park and the Carson City Community Center.

COURSE: Indoor 25-yard by 50-meter pool with up to 8 lanes available for competition. An additional 25-yard, 6-lane pool may be available for warm-up/cool down throughout the competition. The minimum water depth for the competition course, measured in accordance with Article 103.2.3, is at least 10 feet at the start end and 4 feet at the turn end. The meet host shall ensure the required course dimensions. All events will start at the start end of the pool, except the 50m events **may** start at the turn end of the pool.

TIME:

- **FRIDAY SESSION:** Meet will begin at **5:00 PM** with warm-up from **4:00 PM to 4:45 PM**.
- **SATURDAY AND SUNDAY 13 & OVER:** Meet will begin at **9:00 AM** each day, with warm-ups from **7:30-8:45 AM** each day.

- **SATURDAY AND SUNDAY 12 & UNDER:** Warm-ups will begin no earlier than 12:00 PM; meet begins not before **1:00 PM**.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk of Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed-final events and will be seeded fast to slow.
- Athletes may compete in a maximum of 2 events on Friday and 4 individual events per day on Saturday and Sunday.
- **Entries for a session will close before the entry deadline** if and when the estimated session timeline for 12-under athletes reaches 4 hours, or when the combined session timelines for that day reach 8.5 hours, whichever occurs first.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All Coaches and Officials must wear their valid USA Swimming membership information in a visible manner.** Coaches are required to sign in at the meet before the beginning of warm-ups and present their current USA Swimming registration information.
- Carson City personnel, including certified lifeguards trained in First Aid/CPR, will be on site and an AED will be available to participants.

DISTANCE:

- **Per Zone 4 policy, to be eligible to enter the 1500m freestyle, an athlete must have previously established an official time in an event of 400yd/400m or longer.**
- Age groups and genders in the 13 & over 400m freestyle and the 11 & over 1500m freestyle will be seeded together, but will be scored and awarded, if applicable, separately. The 11-12 400m freestyle will be swum all girls' heats first, fast to slow, then all boys' heats, fast to slow.
- All athletes entered in the 400m freestyle must provide their own lap counters. All athletes in the 1500m freestyle must provide their own timers and lap counters.

UNACCOMPANIED ATHLETES: Each USA Swimming Athlete member competing at the meet must be accompanied by a USA Swimming member coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a coach member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming member coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club member coach.

RACING STARTS: Athletes must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: The following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by the Athletes during the meet and during warm-up periods.

- No smoking or use of tobacco products.
- No sale or use of alcoholic beverages.
- No glass containers.
- No propane heaters except for snack bar/meet operations.
- All shelters must be properly secured.
- No animals, except for licensed service animals. Please show certification when asked by meet officials or marshals.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time Athletes, coaches, officials and/or spectators are present.

- **IMPORTANT:** All floor and wall vents must be kept clear at all times to ensure proper air circulation in the facility.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database, and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Entries with **"NO TIME" will be ACCEPTED. (Exception: see distance rules)**
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY TIMES: Entries must be submitted using the Athlete's best long-course meter time for each event. All entry times must be submitted in meters (converted times allowed).

ENTRY FEES: \$4.50 per individual event plus a \$14.00 participation fee and \$10 facility fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ENTRY DEADLINES: Entries for each session will close by the applicable deadline listed below, **or when a session becomes full and is closed early per the rules section above, whichever is first.** NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED. Check <http://ome.fastswims.com> for session open or closed status.

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total entry fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the entry fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through **Wednesday, May 14, 2025, at 11:59pm, or until the meet has filled, whichever comes first.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked **no later than 11:59 pm Monday, May 12, 2025, or hand delivered by 6:30 p.m. Wednesday, May 14, 2025, and may be rejected if a session is already full.** Requests for confirmation of receipt of mailed entries should include a self-addressed envelope.

Make check payable to: Carson Tigersharks

Mail entries to: Becki Boehnke

PO Box 1876

Carson City, NV 89702

Hand deliver entries to: Becki Boehnke

841 N. Roop St.

Carson City, NV 89701

CHECK-IN:

- **Friday PM Session: Positive check-in.** Friday's session will be deck-seeded. Athletes must check in at the Clerk of Course. **Close of check-in for all events on Friday is 4:30 p.m.,** except for the 1500 FR, which shall be no earlier than 60 minutes before the estimated time of the start of the first heat of each event. Athletes who do not check in for Friday's events will be considered scratched from those events.
- **Saturday and Sunday AM and PM Sessions: Pre-seeded,** except for the 400m Free, Saturday and Sunday's sessions shall be pre-seeded, and athletes will **NOT** be required to check in. Any Athlete not intending to swim an event is requested to scratch with the Clerk of Course (or via email to becki@tigersharks.org) as soon as possible.
- **Sunday 400m Free: Positive check-in** is required by the beginning of the session, otherwise Athletes will be considered scratched from this event.

SCRATCHES & NO-SHOWS:

- **Scratch Deadlines:** Any athlete not intending to swim an event is requested to scratch with the Clerk of Course (or via email to becki@tigersharks.org) as soon as possible. **Sessions will be pre-seeded at the conclusion of the previous day's events. The scratch deadline will be the final event of the previous day.** Email scratches from athletes will be confirmed with their coach.
- **No-shows:** Any athlete not reporting for or competing in an individual event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform a Referee immediately.

AWARDS:

- Individual Events: Ribbons 1st – 8th place for age groups 8 & U, 9-10, and 11-12.
- There will be a special award for each athlete with the fastest aggregate time across all the following events of each age group and gender (“Intermountain Best Quad”):
 - 8 & U: 50BR, 50FR, 50BK & 50FLY
 - 9 -10: 50BR, 50FR, 50BK & 50FLY
 - 11-12: 100BR, 100FR, 100BK & 100FLY
 - 13-14: 200BR, 200FR, 200BK & 200FLY
 - 15-18: 200BR, 200FR, 200BK & 200FLY

Intermountain Best Quad Award Notes: Eligible Athletes must register for a minimum of 6 events or more during the meet, subject to the event maximums per day stated above, and successfully swim all four of the events listed above for their specific age group. In the event of a tie in a particular gender and age group once all times are aggregated, each swimmer will receive an Intermountain Best Quad award.

- All awards must be picked up at the meet. No awards will be mailed. Each team is asked to designate a representative to collect awards.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working officials will be provided lunch. Hospitality will be available throughout the day.

MINIMUM OFFICIALS RULE: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, registered apprentice officials are also welcome to train with working officials. **Participating clubs shall, by the entry deadline, provide to the Meet Director or designee, a list of officials who have agreed to represent that club for each meet session, in accordance with the following table:**

Club Athletes entered in a Session	Fully certified officials required for that session
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

One half-hour before the scheduled start of each session, the Meet Referee or designee shall conduct an inventory of officials, and shall compare the number of athletes against the number of officials present representing each club. Those clubs who have not provided sufficient officials shall have all their Athletes treated as “time only” Athletes in all respects for that session. Neither the Athletes nor the club shall be eligible for awards from that session.

TIMERS: Clubs will be assigned lanes based on the number of Athletes from each club. Athletes will need to provide their own timers for the 1500m freestyle event.

MISCELLANEOUS: More information about the meet can be found at <http://www.tigersharks.org/>.

EVENT SUMMARY:

FRIDAY			SATURDAY			SUNDAY		
10 & U	11-12	13 & O	10 & U	11-12	13 & O	10 & U	11-12	13 & O
200 IM	400 FR	400 IM	100 FLY	200 BR	200 IM	100 BR	200 FR	400 FR
	200 IM	1500 FR	200 FR	100 FLY	50 FR	50 BK	100 BR	200 BK
	1500 FR		100 BK	200 BK	200 FLY	50 FLY	200 FLY	100 FLY
			50 BR	50 BR	100 BR	100 FR	50 BK	200 BR
			50 FR	50 FR	200 FR		50 FLY	100 FR
				100 BK	100 BK		100 FR	

- Events designated 10 & U will be swum combined but scored in separate age groups; 8 & U AND 9-10.
- The 13 & Over 400m freestyle and 11 & Over 1500m freestyle events will be swum combined age groups and genders, but scored and awarded, if applicable, separately.
- Athletes must provide their own lap counters for the 400m freestyle. Athletes must provide their own timers and lap counters for the 1500m freestyle.

ORDER OF EVENTS:

Friday PM: Distance		
Girls Event #	EVENT	Boys Event #
1	11-12 400 FREE	2
3	13 & O 400 IM	4
5	12 & U 200 IM	6
7	Mixed 11 & O 1500 FREE	7

Saturday AM: 13 & Over			Sunday AM: 13 & Over		
Girls Event #	EVENT	Boys Event #	Girls Event #	EVENT	Boys Event #
9	200 IM	10	43	MIXED 400 FREE	43
11	50 FREE	12	45	200 BACK	46
13	200 FLY	14	47	100 FLY	48
15	100 BREAST	16	49	200 BREAST	50
17	200 FREE	18	51	100 FREE	52
19	100 BACK	20			

Saturday PM: 12 & Under			Sunday AM: 12 & Under		
Girls Event #	EVENT	Boys Event #	Girls Event #	EVENT	Boys Event #
21	11-12 200 BREAST	22	53	11-12 200 FREE	54
23	10 & U 100 FLY	24	55	10 & U 100 BREAST	56
25	11-12 100 FLY	26	57	11-12 100 BREAST	58
27	10 & U 200 FREE	28	59	11-12 200 FLY	60
29	11-12 200 BACK	30	61	10 & U 50 BACK	62
31	10 & U 100 BACK	32	63	11-12 50 BACK	64
33	11-12 50 BREAST	34	65	10 & U 50 FLY	66
35	10 & U 50 BREAST	36	67	11-12 50 FLY	68
37	11-12 50 FREE	38	69	10 & U 100 FREE	70
39	10 & U 50 FREE	40	71	11-12 100 FREE	72
41	11-12 100 BACK	42			

Pacific Swimming – Hosted by CARSON TIGERSHARKS 2025 Intermountain Classic Swim Meet May 23, 24, & 25, 2025 Consolidated Entry Form													
Name: Last			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN, CA, SR, etc.)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			LCM				
						: .			LCM				
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# of entries _____ x \$4.50 = \$ _____ Participation Fee \$ 14.00 Facility Fee \$ 10.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													