

**ZONE 2 WINTER CHAMPIONSHIP MEET
PACIFIC SWIMMING SHORT COURSE YARD B+ MEET
FEBRUARY 1–2, 2025**

Enter Online: <https://ome.fastswims.com/>

Zone 2 All-Star Team Initial Application: <https://www.pacswim.org/members/zones/zone-2/zone-2-all-star-team>



NOTE: SATURDAY SESSION STARTS AT 12:00 NOON

This is also the selection meet for the Zone 2 All-Star Team. See **Zone 2 All-Star Team Selection** for details.

SANCTION: Held under USA/Pacific Swimming Sanction No. **25-016**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or their guardian consents to the publication, via electronic, print, or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results. The results of this meet may be posted in real time on Meet Mobile.

ZONE 2 ALL-STAR TEAM SELECTION

This is a **MANDATORY selection meet** for the Pacific Swimming Zone All-Star Meet (ZAM). ZAM will be held May 18, 2025 in Sunnyvale, CA. Participation in at least one selection event at this meet is **MANDATORY** to qualify for the Zone 2 All-Star Team. The Zone 2 All-Star Team is comprised of up to eight girls and eight boys from each of four age groups (8 & under, 9–10, 11–12, and 13–14) for a total of up to 64 athletes. The selection of the first seven athletes in each gender and age group is determined by the total points scored in the ZAM selection events at the following meets:

- Zone 2 Winter Championship Meet February 1–2, 2025 (**MANDATORY**)
- Zone 2 Last Chance Meet (TERA/SRVA) March 1–2, 2025
- Zone 2 C/B/BB+ Meet (CDST/AAA) March 22–23, 2025

The fastest time for each selection event will be used to calculate points. The eighth athlete in each gender and age group is a Coach's choice. The next two highest-scoring athletes will be Alternates. Points will be scored based on the applicant's **age on May 18, 2025**. To be considered for the Zone 2 All-Star Team, the athlete must: (1) compete in at least one selection event at the Zone 2 Winter Championship Meet (February 1-2, 2025); and (2) submit the [Initial Application](#) no later than 6:00 PM Friday January 31, 2025 (or provide the athlete's information to the Zone 2 All-Star Team desk at the Zone 2 Winter Championship meet before 9:00 AM Saturday February 1, 2025). Visit <https://www.pacswim.org/members/zones/zone-2/zone-2-all-star-team> for more information.

	ZAM Selection Events					
8 & under	25 Breast	25 Fly	25 Back	25 Free	50 Free	100 IM
9-10	50 Breast	50 Fly	50 Back	50 Free	100 Free	100 IM
11-12	100 Breast	100 Fly	100 Back	50 Free	100 Free	200 IM
13-14	100 Breast	100 Fly	100 Back	50 Free	200 Free	200 IM

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including, but not limited to, film and digital cameras, cell phones and tablets, and Google Glass, is not permitted in changing areas, rest rooms, or locker rooms. Violation of this recording prohibition may result in ejection from the venue by the Meet Referee or their designee.

MEET PERSONNEL:

Meet Referee: Mark Ryan	Head Starter: Michael Flegel
Meet Marshal: Angela Cardenas	Admin Official: Mark Wagner
Meet Director: Christopher Lam (zone2meetdirector@outlook.com)	

LOCATION: Chabot College Pool. 25555 Hesperian Blvd, Hayward, CA 94545.

DIRECTIONS: From **I-880 S** (via San Lorenzo), take exit 28 (Winton Ave) toward Winton Ave West and keep right onto W Winton Ave. Merge onto W Winton Ave. In 0.7 mi, turn left onto Hesperian Blvd. In 0.5 mi, turn right at Turner Ct into parking Lot B. The pool will be straight ahead (100 ft). From **I-880 N** (via Union City), take exit 27 (Jackson St/CA-92) toward CA-92 West and keep left, following signs for CA-92 W (San Mateo/Half Moon Bay). Merge onto CA-92 W. In 1.2 mi, take exit 25B (Hesperian Boulevard) and keep left onto Hesperian Blvd N (follow signs for Hesperian Blvd North/Chabot College). Turn left onto Hesperian Blvd. In 0.6 mi, turn left at Turner Ct into parking Lot B. The pool will be straight ahead (100 ft).

PARKING: \$3 on Saturday ([online](#) or dispenser), free parking on Sunday. On-campus parking rules and regulations are enforced 24 hours, daily by Chabot College Campus Safety and Security. No overnight parking allowed. When parking off-campus, public street parking restrictions and guidelines are enforced by the City of Hayward and the Hayward Police Department.

COURSE: Outdoor 25-yard pool with up to 16 lanes available for competition. The minimum water depth of the shallow-side course, measured in accordance with Article 103.2.3, is 4' 6" on the start end and 4' 6" on the turn end. The meet host shall ensure the required course dimensions. A 25-yard lane space will be available for warm-up/warm-down throughout the competition.

TIME: SATURDAY: Meet begins at **12:00 noon** with warm-ups from 11:00–11:50 AM. A restricted warm-up time for 8 & under athletes will be held from 11:50–11:55 AM.

SUNDAY: Meet begins at 9:00 AM with warm-up from 7:30–8:45 AM. A restricted warm-up time for 8 & under athletes will be held from 8:45–8:55 AM.

- RULES:**
- Current USA Swimming and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be available at the Clerk of Course.
 - The local facility's guidelines, restrictions, and interpretation of the local public health guidelines shall be followed at this meet.
 - All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
 - All events are timed finals.
 - All events will swim FAST to SLOW.
 - Athletes may compete in up to four (4) individual events per day, plus relays.
 - Individual and/or relay events may be seeded together, without regard to swimmers' ages or gender, in the order of submitted entry time. Places, awards, and published results for these events will be separate for each age group and gender (Article 102.1.5)
 - If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
 - All coaches and officials must wear their USA Swimming membership cards in a visible manner.
 - **Medical Supervision:** Lifeguards will be onsite during the meet.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition, and warm-down. If a member-coach of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club member-coach.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

ENTRY FEES: Individual event entry fee is \$4.50 per individual event, plus a \$10.00 participation fee per athlete. Relay entry fee is \$9.00 per relay team entry.

ONLINE ENTRIES: To enter online go to <https://ome.fastswims.com/> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the service fee is a separate fee from the Entry Fees. Online entries will be accepted through 11:59 PM Wednesday, January 22, 2025.

RELAY ENTRIES: In order to verify athlete registration, all relay athletes who are not also entered in at least one individual event in this meet must be entered online at <https://ome.fastswims.com/>. Only *coaches* should enter club relays; individual athletes should not enter relay events. Coaches may submit Relay entries online (see "Online Entries") by the online entry deadline or in-person at the meet by 1:30 PM (Sat)/11:00 AM (Sun).

CHECK-IN: The meet will be deck-seeded. Athletes must check-in at the Clerk of Course. Close of check-in for any event shall not be more than 30 minutes before the scheduled start of the session. **Otherwise**, until 1 hour and 30 minutes after the start of the session (1:30 PM Sat/10:30 AM Sun), close of check-in for an event shall be no more than 60 minutes before the estimated start of the first heat of the event. The check-in desk closes at 1:30 PM (Sat)/10:30 AM (Sun) at which point, all remaining events shall be closed and seeded. Athletes who do not check-in will not be seeded and will not be allowed to compete in that event. Athletes who wish to scratch (withdraw) from an event after the close of check-in are requested to inform the Referee on the starting end of the competition course.

SCRATCHES: Any athlete not reporting for or competing in an individual timed-final event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the Referee immediately.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas, and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted, except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns, and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or their designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are except per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Athletes must be attached to a Pacific Swimming Zone 2 club or be competing unattached while practicing with a Zone 2 club, pursuant to Article 203.3. **NOTE: Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded, and they may be referred to the Pacific Swimming Administrative Review Board for disciplinary action.**
- Athletes aged 9–10, 11–12, 13–14, 15–16, and 17–18 must have met the 2024–2028 USA Swimming Motivational "B" time standard.
- Athletes aged 8 years or younger must have met the Pacific Swimming Motivational "PC-B" time standard.
- Time standards may be found at <https://www.pacswim.org/swim-meet-times/standards>.

- Entries with **“No Time” will be REJECTED.**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years or older may compete in the meet for time-only (no awards). Such athletes must have met the standards for the 17–18 age group.
- Age on the first day of the meet shall determine the Athlete’s age for the entire meet.

SCORING: Top twenty (20) places for each age group (8 & under, 9–10, 11–12, 13–14, 15–16, and 17–18) per event will score points

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual	24	21	20	19	18	17	16	15	14	13	11	9	8	7	6	5	4	3	2	1
Relay	48	42	40	38	36	34	32	30	28	26	22	18	16	14	12	10	8	6	4	2

AWARDS: For individual events, ribbons for 1st–10th places awarded for 8 & under, 9–10, 11–12, 13–14, 15–16, and 17–18 age groups. There are no awards for relay events. Individual High Point award for each girl and boy for 8 & under, 9–10, 11–12, 13–14, 15–16, and 17–18 age groups. Club awards for 1st, 2nd, and 3rd place in Small, Medium, and Large Club divisions. Divisions will be based on number of athletes entered in the meet.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar may be available. Coaches and working officials will be provided lunch.

MISCELLANEOUS: Facilities will not be provided after meet hours. No overnight parking is allowed.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of officials and shall compare the number of athletes entered against the number of officials that worked representing each club per session of the meet. Those clubs who have not provided sufficient officials per session of the meet, in accordance with the table below, shall be fined \$100 per missing official per session.

Club Athletes Entered in Session	Minimum Carded Officials Required
1–10	0
11–25	1
26–50	2
51–75	3
76–100	4
Every 20 Athletes over 100	+1

EVENT SUMMARY:

Saturday

8 & under	9–10	11–12	13–14	15 & over
50 Free	100 Free	100 Free	200 Free	200 Free
25 Breast	50 Breast	100 Breast	100 Breast	100 Breast
25 Free	50 Free	50 Free	50 Free	50 Free
100 Med Rel	200 Med Rel	200 Med Rel	200 Med Rel	200 Med Rel

Sunday

8 & under	9–10	11–12	13–14	15 & over
100 IM	100 IM	200 IM	200 IM	200 IM
25 Fly	50 Fly	100 Fly	100 Fly	100 Fly
25 Back	50 Back	100 Back	100 Back	100 Back
100 Free	200 Free	200 Free	100 Free	100 Free
100 Free Rel	200 Free Rel	200 Free Rel	200 Free Rel	200 Free Rel

ORDER OF EVENTS:

Saturday February 1, 2025			
Girls Event #	Age Group	Event	Boys Event #
1	15 & over	200 Free	2
3	13–14	200 Free	4
5	11–12	100 Free	6
7	9–10	100 Free	8
9	8 & under	50 Free	10
11	15 & over	100 Breast	12
13	13–14	100 Breast	14
15	11–12	100 Breast	16
17	9–10	50 Breast	18
19	8 & under	25 Breast	20
21	15 & over	50 Free	22
23	13–14	50 Free	24
25	11–12	50 Free	26
27	9–10	50 Free	28
29	8 & under	25 Free	30
31	15 & over	200 Med Rel	32
33	13–14	200 Med Rel	34
35	11–12	200 Med Rel	36
37	10 & under	200 Med Rel	38
39	8 & under	Combined 100 Med Rel [†]	39

Sunday February 2, 2025			
Girls Event #	Age Group	Event	Boys Event #
41	15 & over	200 IM	42
43	13–14	200 IM	44
45	11–12	200 IM	46
47	9–10	100 IM	48
49	8 & under	100 IM	50
51	15 & over	100 Fly	52
53	13–14	100 Fly	54
55	11–12	100 Fly	56
57	9–10	50 Fly	58
59	8 & under	25 Fly	60
61	15 & over	100 Back	62
63	13–14	100 Back	64
65	11–12	100 Back	66
67	9–10	50 Back	68
69	8 & under	25 Back	70
71	15 & over	100 Free	72
73	13–14	100 Free	74
75	11–12	200 Free	76
77	9–10	200 Free	78
79	8 & under	100 Free	80
81	15 & over	200 Free Rel	82
83	13–14	200 Free Rel	84
85	11–12	200 Free Rel	86
87	10 & under	200 Free Rel	88
89	8 & under	Combined 100 Free Rel [†]	89

Individual and/or relay events may be seeded together, without regard to athletes' ages or gender, in the order of submitted entry time. Places, awards, and published results for these events will be separate for each age group and gender (Article 102.1.5).

[†]The 8 & under relays will be swum in a **combined** format where relays may be composed of either all girls, all boys, or any combination of both.